

Managers,

Please ensure everyone on your team is receiving this email. If not, please let us know so we can get their email addresses added to the website distribution list. Thanks in advance.

Folks,

### **06SEP14 Lightning Update**

1. **WARMUPS, PRACTICE JERSEYS, GAME JERSEYS & SOCKS** - We have player, coaches and manager warmups, and will be receiving the final delivery of practice jerseys, game jerseys and socks next week. As soon as we receive them, we will distribute them to team managers and coaches. Please get them to our players and let us know asap if there are any errors that need correction. We will get right on it.

2. **SCHEDULE** - Schedule information should be posted on the website this week. Please be advised that there will be future minor changes, but the delay in getting the master schedule on the website was to finalize as many dates and times for all of our teams as possible, so that any changes will be minor. Thanks for your patience.

3. **LIGHTNING TEAM BUILDING DAY** - This year's Lightning Team Building Day will occur SATURDAY 27SEP14 at Benson Park in Garner (rain or shine). BOYS team building will be 9am-11:30am. LUNCH for Lightning GIRLS and BOYS, catered by Chik-Fil-A, will be from 11:30am-12:30pm and GIRLS team building will be 12:30-3:00pm. Team building will be located in the large open field to the left after you enter the park. Lunch will occur at Shelter #1. Events will include sack races, tug-of-war, ring races, and other great stuff. ALL TEAMS (players and coaches) ARE REQUIRED TO PARTICIPATE. Look forward to seeing you all there. We are reaching out for volunteers, so if you're up for a good time and can help out, please let me know directly. Thanks.

4. **TOURNAMENT HOTELS** - All veteran Lightning families already know, and for our new families, please be advised that when Lightning teams are out-of-town and require and overnight stay in a hotel, all Lightning players are to stay in the same hotel. This is Lightning policy. Our Lightning Hotel Coordinator has spent a lot of time and worked very hard obtaining the best value in hotels. We maintain a decent standard of quality, cleanliness, a free continental breakfast for the kids, and a willingness to comp rooms for the coaches. There are also several tournaments that the Lightning participates in throughout the season where it is mandatory that all families stay in designated hotels. If we do not stay in those designated hotels, the team(s) can and will be disqualified from the tournament. We understand using points or being able to get a better discount somewhere else, but these will have to be used another time not involving Lightning Hockey. Thank you for your cooperation.

5. **TEAM CAPTAINS, ALTERNATES AND DRESS CODES** - Are all decided by the coaching staff, and many times the dress codes for practices and game days are determined by the players and coaches together.

6. **LIGHTNING CODE OF CONDUCT** - During last weekend's Earlybird Tournament, there were a couple of conduct incidents where profanities were involved. For everyone in the Lightning organization's information; parents, players, family members, coaches, managers, etc...., it is Lightning policy, our philosophy and requirement that we do not engage in misconduct of any

kind (verbal, physical, etc). It is understood that the game of hockey is a highly competitive sport and emotions are involved at a high level. We cannot control what our competition does, but we can and must however, control ourselves. The Lightning organization prides itself in being a very classy group of players and families with great sportsmanship, different than others, and understanding that "it's only a game". Always take the high road. Trusting we do not have any further issues in the future. Thank you.

Look forward to seeing everyone around the rink.

If you have any questions, please feel free to ask.

Regards, Don