

SOUTH PARKLAND BASKETBALL RULES

Kindergarten and 1st Grade

SPECIAL RULES

1. Playing Times

- Be on time! All sessions must start and finish on time (Must complete within one hour).
- .First ½ hour consists of team drills that focus on basic fundamentals – dribbling, passing, rebounding, shooting, foot work, moving without ball, etc.
- Second ½ hour consists of game with other team. Game is a 4 v 4 format.
- Every player should play as equal time as possible.
- Substitutions should occur every five minutes
- Coaches referee the game. Please maintain order and keep the game moving. Referees will need to focus on:
 - Blatantly running with the ball.

- Out of bounds
- Jump balls.
- Flagrant personal fouls (illegal contact) – no foul shooting.

2. Defense

- Play man to man defense (Go man-to-man fundamentals without fouling).
- No full court pressing. Use foul line to pick up man.
- No double teaming.
- Once the defensive team gets clear possession of a rebound, the opposing team must allow them control and drop back past half court to the foul line.
- No Stealing passes, No shot blocking. No stealing the ball while offensive player is dribbling.

3. Fastbreak Rules

- Keep fast breaks to a minimum.

4. Court and Equipment

- Balls used should be the 27.5" junior size and 8' baskets

5. Coaches Rules

- Safety always comes first. Be prepared – bring a first aid kit to each game.
- Coaches must have starting players “game ready” prior to the end of the ten minute warmup period.
- Good sportsmanship must be observed at all times.
- Coaches are responsible for team and parental behavior. Please refrain from any uncalled for harassment to referees during a game.
- Scores will not be kept.
- Each team must have the same colored shirts or jerseys.

6. Gym Rules

- When schools are closed, games will be cancelled. For weekend games, each organizations coordinator(s) will be contacted through already established communications, they will initiate a phone chain to circulate information.
- No food or drink or scuffing black soled sneakers.
- Remain in designated gym area. No wandering.
- No chairs in gyms
- Parents are responsible for visiting children.
- Neglect of rules will result in loss of gym facilities