

PARKLAND BASKETBALL RULES

7th & 8th GRADE GIRLS

PRE-GAME REVIEW: Referee and coaches must review guidelines before each game.
Allow 5 minutes warm-up before start of game.

GAME START: Jump ball will start the game.
Alternate possession rule will apply for remainder of game.

PERIOD LENGTH: 10 minute running clock quarters.
Time limit between all quarters will be 2 minutes.
Last period will be adjusted to end within the 1 hour time limit.
All games will end by the gym wall clock.

TIME OUTS: Each team is allowed two - 1 minute time-outs per half.

LANE VIOLATION: PIAA rule - 3 seconds

BACKCOURT VIOLATION: PIAA rules (no violation in elementary school gyms)

TEN SECONDS VIOLATION: Only in 4th quarter when full court defense is allowed.

FOUL SHOTS: Shooting fouls only.
Player and team fouls are not totaled.

DEFENSE: Man-to-man defense only – no zone defense
No backcourt or full court defense, except in 4th quarter.
Defensive players can pick-up opposing players at half court line.