



Oxford Golden Bears 2019 Cheerleading Contract

Being part of the Oxford Golden Bears will be fun and rewarding. However, along with fun, there are always rules. Please carefully read the following set forth by the organization:

1. Practice schedule for Flag cheerleaders (ages 5-6):

- August 5th through August 22nd - 3 nights a week for 1 hour
- August 26th through September 12th - 2 nights a week for 1 hour
- September 16th through October 24th - 1 night recreational cheer / 1 night for competition squad
- October 28th through November 7th – 2 nights for cheerleaders on the competition squad

2. Practice schedule for Non-Flag cheerleaders (ages 7-14):

- August 5th through September 12th - 3 nights a week for 2 hours
- September 16th – October 3rd - 2 nights recreational cheer / 1 night competition squad
- October 7th through October 24th - 1 night recreational cheer / 2 nights competition squad
- October 28th through November 7th – 3 nights for cheerleaders on the competition squad

3. Please wear shorts or sweat pants and comfortable sneakers during practice. No jeans, Capri's, or skirts of any kind. To prevent injury, sneakers need to be a good, firm sneaker and should be made for running and not for casual wear. Hooded sweatshirts are not allowed while stunting. You will not be allowed to practice if not dressed appropriately. There will be no gum chewing and jewelry shall not be worn during practice or games. Only clear/sheer pink nail polish may be worn on game days.

4. Please make sure that the above practice times do not conflict with other activities. Cheerleaders are expected to be at each practice and both home/away games. From August to November, cheerleading must be a priority.

5. Physical form must be valid for current year and handed in by first practice in order for cheerleader to participate.

6. Parents must pick up their cheerleaders immediately after practice. Girls will not be allowed to leave with anyone other than their parent unless prior notice is given to the coach by a note or phone call. Coaches are not responsible for providing transportation for your cheerleader to/from practice.

7. Depending on whether the Varsity football team for each squad yields a JV team, cheerleaders may be required to cheer at home JV football games, in addition to cheering for the Varsity football team.

8. Cheerleader may be required to arrive at all games 1 to 1.5 hours before game time.

9. All practices, games, scheduled community events and competitions (if applicable) are mandatory. If you must be absent, you must notify your coach ahead of time. Absences during the week may result in suspension of cheering during one or more quarters of a game or half-time routine. Missing and/or late to run-through practices held on game day, will also result in suspension of cheering during one or more quarters of a game or half-time routine.

10. Coaches have their own rules and expectations as to how the girls should behave. We ask that parents respect the coaches and cooperate with them in this regard.

11. There is absolutely no eating or drinking (except for water) in their cheer uniforms. Cheerleaders are not allowed to eat on the sidelines while cheering their game.

12. Uniform requirements

All cheerleaders:

- Included in the registration fee is a vest and skirt that will be **loaned** to each cheerleader for the season and must be returned in the same condition – a uniform contract must be submitted and registration fee paid in full prior to uniform distribution.
- Items purchased by parent / guardian via designated Cheer Vendor: link will be available in June, prices subject to change slightly
 - o Maroon bloomers:
 - Briefs \$8
 - Boy shorts \$10
 - o White v-neck crop top \$20
- Items purchased by parent / guardian:
 - o White no-show socks
 - o Clear rain poncho (for cheering in the rain)
 - o Ankle length black leggings
 - o Black gloves & solid black ear band (highly recommended for cold weather)

Flag cheerleaders only (Ages 5-6):

- Items purchased by parent / guardian via OGB website in August:
 - o OGB Flag sweatshirt to be worn on game day \$26 (OGB will size and order)
 - o Hair bow \$13 (OGB will order)
- Item purchased by parent / guardian:
 - o A solid, white supportive game day sneaker

Non-Flag cheerleaders only (Ages 7-14):

- Registration will also include a pair of cheer shoes for game day/competition. These shoes should be worn to games, competitions and OGB events only and not worn to school. Sizing will be done at time of uniform fitting and ordered by OGB.
- Items purchased by parent / guardian via OGB website in August:
 - o OGB Warm Up Jacket (\$45 youth / \$50 Adult)
 - o Hair bow \$13

13. OGB will be participating in one cheerleading competition on November 10th. Competition is not mandatory but does require 110% commitment. All competition practices will be mandatory. If participating in competition, practices are in addition to recreational cheerleading practices. Competition squads will be determined based on the number of cheerleaders, ages, practice/game attendance, and effort. Competition fee is \$30 per girl, and must be paid via OGB website by Friday, September 6th.

14. Bert Bell requires all cheerleaders (except Flag) and players to have a photo ID badge (date/time to be determined).

Your signature is required and implies that you and your cheerleader understand all of the above rules and will do your best to abide by them. You are also stating that you will take special care of your daughter's uniform. If anything is returned damaged or not returned at all, you will have to reimburse OGB. You are also promising to support your daughter through this season by getting her to all games and practices on time. You are also assuring your support and respect for the coaching staff and athletes in the administration of these policies.

Parents/Guardian (if applicable, both parents must sign):

Signature: _____ Date _____

Signature: _____ Date _____