



Oxford Golden Bears 2020 Cheerleading Contract

Being part of the Oxford Golden Bears will be fun and rewarding. However, along with fun, there are always rules. Please carefully read the following set forth by the organization (dates and prices subject to change slightly):

1. Practice schedule for Flag cheerleaders (ages 5-6):

- August 3rd through August 28th - 3 nights a week for 1 hour
- August 31st through September 11th - 2 nights a week for 1 hour
- September 14th through October 23rd - 1 night recreational cheer / 1 night for competition squad
- October 26th through November 13th – 2 nights for cheerleaders on the competition squad
- November 15th – Cheer Competition (see #13 below for more details)

2. Practice schedule for Non-Flag cheerleaders (ages 7-13):

- August 3rd through September 11th - 3 nights a week for 2 hours
- September 14th through October 2nd - 2 nights recreational cheer / 1 night competition squad
- October 5th through October 23rd - 1 night recreational cheer / 2 nights competition squad
- October 26th through November 13th – 3 nights for cheerleaders on the competition squad
- November 15th – Cheer Competition (see #13 below for more details)

3. Please wear shorts or sweat pants and comfortable sneakers during practice. No jeans, Capri's, or skirts of any kind. To prevent injury, sneakers need to be a good, firm sneaker and should be made for running and not for casual wear. Hooded sweatshirts are not allowed while stunting. You will not be allowed to practice if not dressed appropriately. There will be no gum chewing and jewelry shall not be worn during practice or games. Only clear/sheer pink nail polish may be worn on game days.

4. Please make sure that the above practice times do not conflict with other activities. Cheerleaders are expected to be at each practice and both home/away games. From August to November, cheerleading must be a priority. Practice nights designated based on the availability of assigned Head Coach but are usually designed between Monday – Thursday starting at 6:00pm.

5. Physical form must be valid for current year and handed in by first practice in order for cheerleader to participate.

6. Parents must pick up their cheerleaders immediately after practice. Girls will not be allowed to leave with anyone other than their parent unless prior notice is given to the coach by a note or phone call. Coaches are not responsible for providing transportation for your cheerleader to/from practice.

7. Depending on whether the Varsity football team for each squad yields a JV team, cheerleaders may be required to cheer at home JV football games, in addition to cheering for the Varsity football team.

8. Cheerleader may be required to arrive at all games 1 to 1.5 hours before game time.

9. All practices, games, scheduled community events and competitions (if applicable) are mandatory. If you must be absent, you must notify your coach ahead of time. Absences during the week may result in suspension of cheering during one or more quarters of a game or half-time routine. Missing and/or late to run-through practices held on game day, will also result in suspension of cheering during one or more quarters of a game or half-time routine.



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10. Uniform requirements

All cheerleaders:

- Included in the registration fee is a vest and skirt that will be **loaned** to each cheerleader for the season and must be returned in the same condition – a uniform contract must be submitted and registration fee paid in full prior to uniform distribution.
- Items purchased by parent / guardian via designated Cheer Vendor: link will be available in June, prices subject to change slightly
 - o Maroon bloomers:
 - Briefs \$8
 - Boy shorts \$10
 - o White v-neck crop top \$20
- Items purchased by parent / guardian:
 - o White no-show socks
 - o Clear rain poncho (for cheering in the rain)
 - o Ankle length black leggings
 - o Black gloves & solid black ear band (highly recommended for cold weather)

Flag cheerleaders only (Ages 5-6):

- Items purchased by parent / guardian via OGB website in August: (prices subject to change slightly)
 - o OGB Flag sweatshirt to be worn on game day \$26 (OGB will size and order)
 - o Hair bow \$13 (OGB will order)
- Item purchased by parent / guardian:
 - o A solid, white supportive game day sneaker

Non-Flag cheerleaders only (Ages 7-13):

- Items purchased by parent / guardian via OGB website in August: (prices subject to change slightly)
 - o OGB Warm Up Jacket (\$45 youth / \$50 Adult)
 - o Hair bow \$13
- Item purchased by parent / guardian: **(IMPORTANT: NEW FOR 2020)**
 - o A solid, ALL white sideline game day sneaker. OGB will no longer be providing sneakers. Registration fees have been adjusted accordingly. Some suggested sights to purchase:
 - <https://www.omnicheer.com>
 - <https://www.cheerleading.com>
 - <https://www.amazon.com>



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11. Coaches have their own rules and expectations as to how the girls should behave. We ask that parents respect the coaches and cooperate with them in this regard.

12. There is absolutely no eating or drinking (except for water) in their cheer uniforms. Cheerleaders are not allowed to eat on the sidelines while cheering their game.

13. OGB will be participating in one cheerleading competition on November 15th. Competition is not mandatory but does require 110% commitment. All competition practices will be mandatory. If participating in competition, practices are in addition to recreational cheerleading practices. Competition squads will be determined based on the number of cheerleaders, ages, practice/game attendance, and effort. Competition fee is \$30 per girl and must be paid in full prior to the start of competition practice

14. Bert Bell requires all cheerleaders (except Flag) and players to have a photo ID badge (date/time to be determined).

Your signature is required and implies that you and your cheerleader understand all of the above rules and will do your best to abide by them. You are also stating that you will take special care of your daughter's uniform. If anything is returned damaged or not returned at all, you will have to reimburse OGB. You are also promising to support your daughter through this season by getting her to all games and practices on time. You are also assuring your support and respect for the coaching staff and athletes in the administration of these policies.

Parents/Guardian (if applicable, both parents must sign):

Signature: _____ Date _____

Signature: _____ Date _____