



Everton America CT - Tournament Expectations for Parents & Players

- 1) Exhibit good behavior at all times always representing your club, Everton America CT, to the very highest of standards. This includes on the field during games, when warming up or in between games or socially during the weekend.
- 2) For warm-up and games wear your Everton America uniform, have your spare jersey in your bag. Shirts are always tucked in. Do not wear any non-Everton America uniform.
- 1) If it is cold and we need to wear warm-up pants and jacket during the warm-up, all the team should do the same so we are uniform. If jackets are on they are zipped up.
- 2) Line your bags up neatly as per the coach's instructions, make sure all your belongings are zipped up inside your bag.
- 3) Arrive at the field 45 minutes before the first game and 30 minutes before each game thereafter find your coach who will indicate where the team will warm-up. Warm-up will begin promptly 30 minutes before kick-off.
- 4) Eat, sleep, drink and relax sensibly. Spend leisure time positively. Do not swim between games; stay out of the sun between games. Eat the right foods and re-hydrate, stay away from junk food and soda.
- 5) Never argue with the Referee or Assistant Referee
- 6) Control your emotions and use your energies for developing your performance
- 7) Play well for yourself and your own team, your team's performance will benefit and so will your own
- 8) Be a good sport. Recognize all good play, whether by your team or your opponents and always, always shake hands with the opposition and officials after the game.
- 9) Treat all players as you yourself would like to be treated. Do not interfere with, bully or take unfair advantage of any player
- 10) Enjoy the weekend and play "The Everton Way"



For Parents

Please ensure you are fully organized in terms of important locations and directions, hotel, fields and game times. Allow plenty of time to drive to the field, so not to be late. Please ensure you and the player are fully aware of all tournament expectations for players and they are followed throughout the weekend as above.

At the tournament, please do not approach coaches to discuss playing issues/playing time. If you have any concerns, leave until at least 24 hours after your last game as per club policy. Coaches should, however be notified immediately regarding player absence or injury.

Please be supportive and encouraging from the sidelines, applauding good and fair play from both teams - but please do not coach from the sidelines.