

Franklin Regional Youth Lacrosse

Our Promise

We will provide every player the opportunity to excel and the motivation to succeed. We will strive to instill a love of lacrosse by making it fun, encouraging healthy competition, and keeping score. We will take a disciplined approach to on and off-field behavior, training, and sportsmanship.

As coaches and board members, we will challenge ourselves to make our program better. We will push our players to improve and reach their potential, and we will ask our players to expect the same of us. We will focus on the basics constantly; fundamentals are first, second, and third.

Our program is built on these Core Values and this Code of Conduct

Core Values

Code of Conduct

Team First: The team is greater than the sum of its parts. It is Team First all the time, every time.

Every Position / Every Player: Every player has an important role. Every position is crucial. Know the position; accept the role. No individual player makes a team.

Grow your Lacrosse IQ: Never stop trying to better understand how to play the game. Knowing what to do and when to do it is invaluable.

Be a Leader / Do your Part: Always lead by example. Always learn from those around you. Always do your best, have a positive attitude, and encourage your teammates. Always give 100%.

Keep Learning: Everyone makes mistakes. Learn from your mistakes and prevent them from happening again. No one is perfect or expected to be.

Sportsmanship: All lacrosse players, coaches, officials, parents, and fans have a responsibility to exhibit good sportsmanship. Everyone will honor our Code of Conduct and agree to follow it.

Be Punctual: You are expected to be on the field, dressed and ready to play, at the designated arrival time. Practices and games will begin promptly at the designated start time. There is no such thing as “on time.” You are early or you are late.

Be Consistent: You are expected to attend all practices and training sessions. If you miss 50% or more of scheduled practices and/or training sessions, your game time will be limited accordingly.

Be Respectful: You are expected to behave in a respectful manner at all times. There will be an immediate removal of any player, parent, coach, official, or fan for foul language, back-talk, and/or bad-mouthing teammates.

Be Controlled: You are expected to maintain self-control and refrain from any and all physical contact outside of appropriate game play. This includes practice, training, warm-ups, bench time, game time, and post-game huddle. Any physical contact outside of the regular game play will result in disciplinary action, up to and including removal from the program without refund.

This is OUR program. We need YOU to help US make it the best it can be.