

For immediate release:

Join Rick Wolff, host of WFAN's weekly sports parenting program, "[The Sports Edge](#)", for an interactive and provocative discussion entitled:

Are We Taking the Fun Out of Youth Sports? And if So, Why?

On Thursday evening February 19th, 7:30pm at the Weston High School Auditorium, David Levy, President of the Weston Basketball Association, will interview Rick Wolff, a nationally-recognized expert in the field of sports psychology and sports parenting, about the top trends in sports parenting.

Often quoted by the media about the issues that face today's athletes, Wolff has written and lectured widely on the psychological pressures that accompany America's passion for sports. Wolff has been featured in *Sports Illustrated*, *The New York Times*, *GQ*, *USA TODAY*, *Psychology Today*, and has been interviewed on all the major television networks, including ESPN and even Oprah.

"[During our final broadcast](#) of each year," Wolff notes, "we review the most important trends and topics in sports parenting, many of which are relevant to Weston and surrounding towns." This year the top trends included concussions; social media and legal issues; abusive coaches; repetitive use injuries and the continuing, gradual end of varsity sports in America. "We'll talk about some of these and other issues on the 19th, just as Weston is gearing up for basketball playoffs and the spring sports season," Wolff says.

Rick graduated magna cum laude from Harvard University where he played baseball, and was drafted after his junior year by the Detroit Tigers. He played professionally in the Tigers organization and later became a roving sports psychology coach in the Cleveland Indians organization from 1990-94, where he was awarded an American League Championship ring for his efforts with the Indians..

Joining Rick and David on stage will be Noah Savage. Noah grew up in Weston and played basketball at Weston Middle School from 2nd grade to 8th grade before moving to Princeton NJ, where he earned First Team All-State Prep honors at The Hun School (along side future NBA stars Joakim Noah and JR Smith). Noah attended Princeton University where he was named team MVP, Captain, and all Ivy League as a senior.

"Noah has seen a lot as a player, from youth basketball in Weston to NCAA Division I, to the European professional ranks," Levy notes. Savage has also coached at the youth and AAU level. "We'll ask Noah to share his experiences as a highly recruited high school player and, along with Rick, answer questions from the audience."

"Rather than go through the entire list of trends, we want to make this night as relevant and as specific to the audience as possible," Wolff notes. "Tell us the issues that most concern you, and I'll be sure to address them." [Click here to submit your question](#).

The event is co-sponsored by the WBA and the Weston Sports Commission and is being

generously underwritten by the WBA, Weston Boosters and several local businesses. You can find a list of those businesses and other even information at www.westonbasketball.com.

About Rick Wolff

Rick Wolff is a nationally-recognized expert in the field of sports psychology and sports parenting. Wolff has authored or co-authored 18 books, including four in the sports parenting field, and the highly-acclaimed, [Parenting Young Athletes the Ripken Way](#) (Gotham, 2006), which he co-authored with Cal Ripken, Jr.

He's worked with numerous top professional and collegiate athletes, including players from the National Football League, the National Hockey League, and Major League Baseball. He also served as the head baseball coach at Mercy College (Dobbs Ferry, NY) from 1978-1985, and was inducted into the Mercy College Hall of Fame in 2008

For the past 15 years, Wolff has hosted a weekly sports parenting program, ["The Sports Edge"](#), on WFAN Radio in New York City. Rick and his wife, Trish, have three grown children — John, Alyssa, and Samantha who all played a variety of sports. Wolff and his wife reside in Armonk, NY.

About Noah Savage

Noah Savage played at Weston Middle School from 2nd grade to 8th grade before moving to Princeton NJ where he was all conference at Princeton High School, then transferred to The Hun of School of Princeton where he earned First Team All-State Prep honors along side future NBA stars Joakim Noah and JR Smith. Noah started all of the games his first two and last season at Princeton where he was named team MVP, Captain, and all Ivy as a Senior.

He went on to play professionally for one season in Switzerland where he earned literally thousands of dollars and played for tens of fans. Noah is a sales professional, color commentator for Princeton Basketball and comedian in new york city

About David Levy

David Levy is the President of the Weston Basketball Association. He and his wife Heather live with their two kids, three cats, one dog and several other animals in Weston.