



Leesburg Girls Softball League

COVID-19 Safety Plans & Procedures

In addition to following all State and Local (County and Town) COVID-19 guidelines, Leesburg Girls Softball League will implement the following Safety Plan and Procedures:

Planning & Communication

- Coaches and parents are alerted of PRCS *Play It Smart* guidelines for safe play
- LGSL Families will be advised that they are to stay home if they are exhibiting any symptoms associated with COVID-19, whether they have been tested for COVID-19 or not.
- Game and practice fields will be visited before the start of the season to ensure adequate room for social distancing for players, coaches and families.
- Each team will designate a Health Safety Officer (parent or coach)
 - Completes and maintains record of a daily health questionnaire at start of practice/game as per Loudoun County PRCS Play It Smart guidelines
 - Monitors and enforces social distancing guidelines
 - Responsible for sanitizing bleachers/dugout bench prior to each game
 - Distributes hand sanitizer to players and coaches before and after games and practices
 - Reports any indication of potential COVID-19 infection to Coach and LGSL Board
- There is an expectation in all operations, meetings, practices, and games that social distancing of 6-10 feet (where practicable) is maintained and that face coverings are worn to maximize health and safety of LGSL players, coaches, and families.
- LGSL Board members will make unannounced field visits during games and practices to ensure enforcement of these guidelines.

Supplies & Equipment

- Each team will be provided a "sanitation kit," which will include a disinfectant spray or wipes for cleaning surfaces, hand sanitizer (at least 60% alcohol), and spare masks.
- Sharing of equipment between players is not allowed
- Batting helmet: If a player cannot provide their own, LGSL will provide one for the duration of the season
- Bats: If a player cannot provide their own, LGSL will provide one for the duration of the season. Sharing of bats is prohibited.
- Catcher's gear: If a player cannot provide their own, LGSL will provide two sets per team which will be sanitized between players as needed.
- Game Balls: The fielding team will use their own balls (one new, one used). For coach pitch and machine pitch age groups, balls will be sanitized between innings and coaches must sanitize hands before pitching.

During Games & Practices

- All players must practice social distancing of 6-10 feet and wear face coverings when unable to maintain safe distance
- Player gear will be spread out 6-10 feet apart through dugout and bullpen. Players may not share water bottles or other equipment
- Only coaches will be allowed at the pre-game plate conference



Leesburg Girls Softball League

COVID-19 Safety Plans & Procedures

- Spectators will be advised not to retrieve foul balls. This will be done by a representative of the team that is on the field.
- When the team is on defense, players in the field may elect to wear a face covering, but it is not required. Players not playing in the field will stay in the dugout or on the bleachers and must wear a face covering.
- When the team is on offense, players will rotate through the bleachers and dugout. All players on offense must wear a face covering with the exception of the player that is batting, the on deck player and any base runners.
- Coaches must wear a face covering when in the dugout. Base coaches must also wear a face covering when the base they are coaching is occupied by a runner.
- The use of sunflower seeds, chewing gum, and spitting is prohibited
- Bleachers are for player use only. Parents are asked to bring their own chairs, maintain social distance (families may sit together), and sit outside the fence down the foul lines or in the outfield. If tents are used, only one family per tent.
- If parents must interact with the player in or around other players/coaches, they must wear a face covering
- There will be no congratulatory handshake line after the game. Teams may line up (socially distanced) along the first or third base line to offer “good game” wishes to the opposing team.
- Upon completion of a game, the team must exit the dugout, making sure to dispose of all trash in the proper container, and leave the field/park. There will be no team meetings after games.
- Sufficient time will be scheduled between games to facilitate minimum contact between teams leaving and teams arriving to the field.

Response to Positive COVID-19 Case(s)

- Upon notification of a positive COVID -19 case within LGSL, the Board of Directors will take the following steps:
 - The LGSL Board will keep the identity of any reported individuals private
 - Contact LGSL families that would have been in contact with the individual within the 48 hours prior to the individual’s onset of symptoms or swab of a positive COVID test for an asymptomatic individual. LGSL will advise that they have been exposed to COVID-19 and recommend they contact their health care provider for further guidance regarding testing and isolation/quarantine.
 - Contact representatives of other leagues to advise of possible exposure if the exposure occurred during the 48 hours as stated above.
- A decision as to whether a team must pause or may continue their activities once a COVID-19 case has been reported will be made by the LGSL Board once the circumstances of the team exposure have been determined.
- Once an individual associated with LGSL has tested positive for COVID-19, they may not return to team/league activities until:
 - At least 10 days have passed since symptoms first appeared or date of swab of first positive COVID-19 test **and**
 - You have gone at least 24 hours with no fever without fever-reducing medication, **and**
 - Other symptoms have improved or continue to have no symptoms since your positive test