

Upper Dublin Lacrosse Club's CODE OF CONDUCT

Players, coaches, officials, parents and spectators are to conduct themselves in a manner that "Honors the Game" and demonstrates respect to other players, coaches, officials, parents, spectators and fans. In becoming a member of the lacrosse community an individual assumes certain obligations and responsibilities to the game of lacrosse and its participants. The essential elements in this "Code of Conduct" are HONESTY and INTEGRITY. Those who conduct themselves in a manner that reflects these elements will bring credit to the sport of lacrosse, themselves, their team and their organization.

All members of UDLC agree to abide by the Code of Conduct and to be subjected to the consequences of violating the Code. It is understood that by enrolling in the UDLC program that players, parents and coaches are all bound by this Code of Conduct and its validity is hereby a matter of record and is not dependent upon physical signature.

All enforcement decisions made by the Executive Board of UDLC are final and are not subject to review. No refunds will be granted to those players dismissed from the club for violating the Code of Conduct.

Players

1. Respect your teammates and opponents at all times.
2. Coaches and referees are volunteering their time for your good and should be shown respect at all times.
3. Give 100% effort at each practice and game.
4. Know the rules of the game of lacrosse and abide by them.
5. Support and encourage your teammates. Set positive examples. Keep your teammates safe from unnecessary physical and emotional harm.
6. Wear the required equipment at all games and practices, and keep your equipment well maintained.
7. Display good sportsmanship at all times on and off the field.
8. Don't be afraid to make mistakes. That's part of learning.
9. Learn from your coaches; practice hard; play smart; Have Fun!
10. Be modest in victory and gracious in defeat.

Coaches

1. A coach is a role model, who must act with the highest moral character possible. Coaches must submit to necessary Federal, State and Local background checks.
2. Coaches must reinforce the self-image of each player. A coach must be positive and constructive.
3. Keep your players safe from physical and emotional harm.
4. Respect the game of lacrosse. Respect the officials. Respect the opposing teams' coaches and players.
5. Teach the rules of lacrosse. Abide by those rules in practices and games.
6. Establish objectives for the team and players and inform them of team and individual goals.
7. Teach and practice good sportsmanship at all games and practices.
8. Be modest in victory and gracious in defeat.

Parents

1. Teach and practice good sportsmanship at all games and practices. You are role models!
2. Make a conscious effort to learn the rules of the game of lacrosse.
3. Respect the game of lacrosse. Respect the officials. Respect the coaches, who are volunteers.
4. Do not coach your child from the stands. Let players play and coaches coach, and support both positively.
5. Do not EVER criticize other players regardless of the circumstance.
6. Follow the "24 Hour Rule"; if you have a complaint resulting from a game (or practice) situation, communicate with the coach on the following day.
7. If you perceive a serious problem, notify the President of UDLC.
8. Emphasize the FUN of the game and the team, putting forth effort at all times, not wins and losses. This is especially true on the car ride home!

All

1. Any conduct, including abusive language and / or gestures, racially insensitive remarks, damage to property or belongings, or any other conduct that reflects poorly on yourself or Upper Dublin Lacrosse club is deemed to be unacceptable and will not be tolerated. This rule applies to all players, parents, siblings and guests at all times when in or around games or practices as a member of UDLC.
2. During a tournament or game when you are away, you represent the Town of Upper Dublin and UDLC. Any violation of the above Code of Conduct, any illegal conduct such as shoplifting, destruction of property, consumption of drugs or alcohol, or any other activity that reflects poorly upon UDLC will not be tolerated. This rule applies for the entire time one is away for a game or tournament.
3. The Board of Directors of UDLC will deal with unacceptable conduct at its sole discretion, imposing warnings, suspension or expulsion, as it deems appropriate.