

YOUTH VB CAMP SOCIAL DISTANCING GUIDELINES:

The following social distancing guidelines were developed by the MTZ Youth Volleyball Board using the guidance of the RESTORE ILLINOIS – YOUTH & RECREATIONAL SPORTS GUIDELINES (Phase 4)

<https://dceocovid19resources.com/restore-illinois/restore-illinois-phase-4/youth-and-recreational-sports-guidelines/>

- Spectators will not be allowed at the camps.
- The entire facility will not exceed 50 people (players & coaches included) during each session. Because of this, each age group/session will be **capped at 40 participants and 10 Coaches/Volunteers.**
- Masks will be required by all players, coaches and volunteers while indoors.
- Participants will be assigned a "group" (not to exceed 10) and will remain with that same group for the entirety of the camp sessions.
- Camp enrollment is limited to Mt. Zion District students who have opted for "in-person" instruction for the first semester of the 2020-2021 school year.
- All Coaches and Volunteers will be equipped with antibacterial hand sanitizer and players will be asked to apply prior to beginning practice.
- There will be a 30-minute break between age groups to allow time for one group to leave and the next to enter with minimal overlap. Additionally, the time gap will allow time for cleaning and sanitizing equipment between groups.
- All equipment will be cleaned and sanitized after use at end of all camps.
- Distance between players will be maintained. Teams will remain on the same court and court side. Players will not alternate sides, nor courts, and will not scrimmage with another group at any time.
- Water Fountains and Restroom use will NOT be available during camps. Players will be asked to bring their own marked water bottles and are prohibited from sharing.
- There will be NO PHYSICAL CONTACT between participants (i.e., no high fives, handshakes, fist bumps, or hugs).
- We will take the temperatures of Coaches and Volunteers prior to the start of the camp but we will not take the temperature of camp participants.
- Parents/Guardians will be asked to take their player's temp prior to coming and a player should stay home if they have a fever or feel ill (even with mild symptoms). Additionally, during the registration process, Parents/Guardians will be asked to sign a participation waiver during the registration process (see attached).



MTZ YOUTH VOLLEYBALL LEAGUE

COVID-19 PANDEMIC PLAYER CONSENT FORM Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. MTZ Youth Volleyball League has put in place preventative measures to reduce the spread of COVID-19; however, MTZ Youth Volleyball League cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending MTZ Youth Volleyball events could increase your risk and your child(ren)'s risk of contracting COVID-19.

I confirm that for each of the CAMP SESSIONS, I will assess the health and not send my child if they are presenting any of the following symptoms of COVID-19 listed here:

- Fever
- Shortness of Breath
- Loss of Sense of Taste or Smell
- Dry Cough
- Runny Nose
- Sore Throat

Initial: _____

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending this event and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the MTZ Youth Volleyball League event may result from the actions, omissions, or negligence of myself and others, including, but not limited to, league volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at the event ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless MTZ Youth Volleyball League, its volunteers, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. Furthermore, due to the fact that the league events are being held on school property, I hereby release, covenant not to sue, discharge, and hold harmless Mt. Zion Community Unit School District #3, its employees, volunteers, agents, and representative, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the MTZ Youth Volleyball League, its volunteers, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any league event or program.

Print Name of Player

Print Name of Parent/Guardian

Signature of Parent/Guardian

Phone

Email

Date