

# Memorial Girls Lacrosse Club

## Off-Campus Health Fitness Policy

1. Club: The Memorial Girls Lacrosse Club (Club) is a private organization. The Club offers Off-Campus Health Fitness (OCHF) as a benefit to its members who are making a serious effort to train and play the game of lacrosse. The Club must apply and be approved by SBISD to offer Off-Campus Health Fitness credit. The Club's right to offer Health Fitness credit can be revoked by SBISD at anytime. The PE policy for the Club is dictated by SBISD. The Club participates in the Category Two OCHF (Off Campus Health Fitness) program, a minimum of 5 hours a week per 9-week grading cycle. Time does not roll over per 9-week grading period.

2. Eligibility: Club team members (Freshmen, Sophomores & Juniors) are eligible to enroll in OCHF. PE Credit must be completed by the end of the player's junior year. No graduating senior will be dependent upon Lacrosse PE credit to graduate. Team members who are enrolled in other physical education classes or school athletics may not be enrolled at the same time in OCHF.

3. Credit: Credit is given for the spring semester only. Please note 1/2 PE credit will be given for each spring semester in which the player participates. It will take 2 years of Lacrosse participation to earn the maximum of 1 PE credit.

4. Tryouts: Students must tryout and make the Memorial Girls Lacrosse team to be eligible. Lacrosse tryouts are held in the Fall Semester of each year. Please note if the player is cut from the team they will NOT receive PE credit through the Club. If the player received 1/2 credit one season, and is cut the following season they will need another 1/2 credit of PE from somewhere else to graduate. Players should be prepared to add PE for credit in their junior or senior year, if needed.

5 Administrative Procedures: The SBISD Off-Campus Health Fitness form will need to be submitted to the head coach for signature by designated date set by the coach. Players will need to submit signed district forms to their counselor by May 1.

6. Grading: A grade will be given. The grade will be calculated using an attendance formula:  $(\text{Days in attendance (hrs.)} / \text{Total Practices (hrs.)}) \times 100$

Attendance and Forms for grading MUST be turned in by students (not parents) by a pre-set day set by the coach during the spring season. This day is usually 1 or 2 days before they are due to the district to allow the coach to complete the grades and submit. The district requires that attendance be tracked, reported and tied to grades; therefore, non-attendance will affect student grades. As per district policy, *players that are injured must still attend practice to receive credit.*

7. Fees: A fee of \$100 per player will be collected to cover costs/time associated with managing PE credit and grades. This fee is in addition to regular club dues and it will be collected prior to tryouts. Fees will only be refunded if the player does not make the team.

8. Off season participation: Players receiving PE credit in the spring must attend "Off-Season" Lacrosse 2-3 days per week for 5 hours a week total until the end of the school year in order to receive PE credit.

# Memorial Girls Lacrosse Club

Off-Campus Health Fitness Policy - Agreement



I have read and agree to the Memorial Girls Lacrosse Off-Campus Health Fitness Policy. I understand that if I decide not to join the club, don't make the team or if I am dismissed from the team I will be dismissed from Off-Campus Fitness Program. I must notify my school counselor if this occurs. I understand that I must pay club dues and join US Lacrosse to be a member of the Club. I also understand that my grade is based on my attendance at practices and games.

Student Name		Parent Name	
Student Signature		Parent Signature	
Date		Date	

2017-2018 School Year – Grade level: \_\_\_\_\_ High School: \_\_\_\_\_

Student address: \_\_\_\_\_

Student email: \_\_\_\_\_

Parent email: \_\_\_\_\_

Board/Coach Signature: \_\_\_\_\_