



# Woodinville Lacrosse

CELEBRATING OUR 7TH YEAR OF WOODINVILLE LACROSSE

## 2016 Action Plan - Play Lacrosse this Spring!

It's time to look forward to this upcoming year as our players and parents at every level look forward to 2016 with a sense of optimism and anticipation.

### New Players Wanted Register Now!

Why are kids switching to lacrosse in droves? Because it's full of action, fun and it's rewarding too. November is when you need to get signed up for Spring lacrosse. Get your friends to register now, not just you. Go to [www.woodinvillelacrosse.com](http://www.woodinvillelacrosse.com) to get registered today.



*Sign up early and get one of our cool Woodinville 2016 T shirts while they last!*

### HIGH SCHOOL 2016

After a very successful 2015 season where the Varsity team played into the State Quarterfinals, the loaded and ready to go Falcons plan on improvement. With the arrival of more coaching and a continued surge of youth players into the high school program, we expect good things from this group for years to come.

### YOUTH LACROSSE

The youth program 1<sup>st</sup> through 8<sup>th</sup> grades is revved up for 2016 as players continue to flock to lacrosse. Fast action and developing skills is what makes lacrosse the fastest growing team sport in the USA. Boys and girls lacrosse practices start mid-week in February and games begin usually the second week in March on Saturdays. We expect you to honor your commitments to other winter sports first, such as basketball, as our season gets underway.

### 7/8TH GRADES BOYS & GIRLS

The Club will field its boys 7/8A Navy team this year and one or two 7/8 regular teams. As always the tryouts for the A team are in January. If you are unable to tryout because of other commitments, please contact Coach Mattingly via the website.

We are proud to announce the addition of the Timbercrest and Leota girl's teams. We include Bothell and Inglemoor girls in our program until they can field their own teams.

### 5/6th Grade Super Success

The power surge for lacrosse started last year at 5/6 with 3 boys teams and 2 girls teams. This is our largest group ever and the growth at this level even surprised us. We love it! This year we are planning for another great season of players at this level with an emphasis on coaching fundamentals and growing our kid's passion for the game



### 3rd/4th Grade is Grow Time!

Grow time as in, grow the game, grow the home town culture and grow the fun attitude that comes with our sport. All the coaches and senior players will tell you that watching a 3/4 game is one of the most enjoyable times on the field.

### 1/2<sup>nd</sup> Grade - Suit them up!

This year we are offering a more extensive program for 1/2<sup>nd</sup>. With the players suited up, we are running two practices a week and then Saturday games. The practices are short, only an hour long for the little guys, but we believe they are well suited for it. If you have a more aggressive kindergartner who is good at following directions, he is welcome to play. If you have questions, contact us



# Who Plays Lacrosse in Woodinville

Tomomi Hirai - Junior



Known to his teammates as "TJ," Hirai picked up the lacrosse stick in the 7<sup>th</sup> grade and never looked back. In the 8<sup>th</sup> grade he started at attack on the undefeated 7/8 Navy Championship team and then went on to make Varsity as a 9<sup>th</sup> grader. TJ also plays for Crossfire Premier.

Jake Baillie - Sophomore



Jake is a two sport athlete, playing both Football and Lacrosse. He was introduced to Lacrosse in the 4<sup>th</sup> grade and quickly developed a love for the game. Jake excels at defense and shutting down the Northwest's top attackmen.

Andrew Ng - Sophomore



This iconic photo captured Ng defending All American Evan Condon in last year's State quarter final. Andrew plays defense/LSM and is another two sport athlete. Andrew has used his basketball defensive skills to become one of the hottest players in the Northwest.

Dane Hunt - 7<sup>th</sup> Grade



Dane switched his spring focus from baseball to lacrosse in the 6<sup>th</sup> grade and found success immediately on defense. By late in the season he was playing short stick middle and says, "The club is really welcoming to new players...you might find your new favorite sport like I did."

Katie Lough - 8<sup>th</sup> Grade



Katie has long awaited for Woodinville to expand our girl's program and this year we have done just that. As a stalwart goalie, Katie should help our first year 7/8 team rise up to be competitive from day one.

Tyler Jarvis - 5<sup>th</sup> Grade



Tyler moved to Woodinville only a few years ago but found friendship on the lacrosse field and became a football player this year too. Tyler is part of a very strong group of 5<sup>th</sup> grade boys who will become a powerhouse for years to come.

Alyssa Jarvis - 7<sup>th</sup> Grade



Alyssa and friends represent the newest wave of Woodinville Lacrosse. Dubbed the Lady Falcons, their inaugural season was a hit and the Club is planning for a larger program this year based on what the girls accomplished.

Dylan Smith - 3<sup>rd</sup> Grade



Heading into his 3<sup>rd</sup> season, young Dylan leads an exciting pack of 3<sup>rd</sup> and 4<sup>th</sup> graders. Dylan will tell you lacrosse is the most fun sport in the world and you are missing out by not giving it a try.

Keep in Step with Woodinville Lacrosse on



Woodinvillelacrosse.com

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