

**BCC Baseball**  
PreSeason Hitting and Pitching Clinics  
Beginner and Intermediate Rec Team Players  
March 2019

**Dates:** Mondays, March 4, 11, 18 & 25

**AGES:** 9-11

**LOCATION:** BCC Training Facility, 40A Southlawn Court, Rockville

**COST:** \$275

**Pitching Program**

Learning the proper mechanics of pitching is critical for injury prevention and success. Our clinics are designed to provide instruction for first time and intermediate pitchers. Professional pitching coaches will provide individual attention and instant feedback to participants. Limited to 14 players

Session 1 Pitching – 7:00-8:00pm

**Hitting Program**

Get into the swing of things before the start of the spring season. Our instructional hitting clinics work to develop and improve hitting skills progressively over the four week session. Participants will receive individual attention as they work off of batting tees and the same Iron Mike pitching machines used by the pros. Players will work with our professional coaches. Limited to 10 players

Session 2 Hitting – 6:00-7:00pm

To Register:

Go to [bccbaseball.com](http://bccbaseball.com)

Click on [Player Registration](#)

Choose [CLINICS](#) from the Registration Category dropdown menu

Scroll to the session you want

Begin Registration