



The Storm Lacrosse is a competitive girls lacrosse club focused on building the elite lacrosse player. The Storm's coaching staff focuses on developing players at all skill levels, while providing a program that is **flexible** enough to enable players to engage in multiple activities to help **build well-rounded young adults**. The Storm has developed several programs to meet the needs of young athletes and families' busy schedules.

Practice locations and times:

Storm North

TurfTime Tewksbury

Sundays- 9:30am-11am- Youth and Middle School

Sundays- 11am-12:30pm- High School

AP Sports Wilmington

Wednesday- 5pm-7pm- September/October- ALL

Storm Central

ForeKicks Marlboro

Mondays- 6pm-7:30pm- Youth and Middle School

Mondays- 7:30pm-9pm- High School

Storm South

ForeKicks Norfolk

Tuesdays- 6pm-7:30pm- Youth and Middle School

Tuesdays- 7:30pm-9pm- High School

Programs:

High School

Middle School (7th/8th)

Youth (4th-6th)

Seasons:

Fall

Winter

Spring (middle school/youth only)

Summer (2 tournaments included)

-Choose any combination of seasons

-Practice at any and all locations
-Additions: fall/winter tournaments, recruiting work for all high school players

Visit thestormlacrosse.com for more details and pricing!



MethodLax provides a comprehensive system for lacrosse development based in a **clinic format**, which ensures that each player is taught the fundamentals of lacrosse with accuracy and confidence until it becomes second nature.

Developmental and Fitness/Stick work Clinics:

Fall Dates: November-December (6 sessions):

ForeKicks Taunton

Thursdays- 4:30pm-6pm- Middle school and High school

AP Sport Wilmington

Wednesdays- 5pm-7pm- Middle school

**Goalie specific training available at the Wilmington location

Winter Dates: January-February (6 sessions):

ForeKicks Taunton

Thursdays- 4:30pm-6pm- Middle school and High school

ForeKicks Marlboro

Mondays- 4:30pm-6pm- Middle school and High School

AP Sport Wilmington

Wednesdays- 5pm-7pm- High school

*Goalie specific training available at the Wilmington location

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