



**UPSTATE LACROSSE ASSOCIATION**  
**PLAYER & PARENT AGREEMENT**

Player and parent, please read our player responsibilities list concerning the 2014 Upstate Lacrosse Association. This sheet must be signed and returned to your team's head coach at the first practice session.

1. Program Objective: To teach the basic fundamentals of Lacrosse and provide a fun experience for all participants. Our program is designed to enhance the growth of youth in various areas of life skills such as; accepting responsibility, sportsmanship, discipline, and developing physical fitness, all of which are critical to youth development.
2. Parents and players are reminded that our league is organized for recreational purposes. The atmosphere in the recreational setting should be one that promotes sportsmanship and fun. This depends upon the attitudes of all those involved: players, parents, coaches, spectators and officials. Please conduct yourself accordingly.
3. As a participant in the ULA, I will treat my coaches, teammates, opponents, officials, and fans with respect regardless of race, sex, or ability. I will also expect to be treated accordingly.
4. Players are expected to attend practice sessions and participate during practice to be eligible to play in weekly games.
5. Lacrosse is a team sport. Be supportive and provide positive assistance to your teammates.
6. A player who participates in fighting or being disruptive to the team and coaching staff will be removed from practice/game and the parent will be contacted.
7. I will expect to receive a fair amount of playing time.
8. Please respect and follow our Young Lungs At Play policy by refraining to smoke at games or practices.
9. When attending ULA games, parents/spectators will be seated on the opposite side of the field from the team benches.

| By signing this contract, both Parent and ~~&~~ Player will be held responsible for their actions both on and off the field of play.

Good Luck!  
Have a Great Season!

\_\_\_\_\_  
Player Print Name

\_\_\_\_\_  
Parent Print Name

\_\_\_\_\_  
Player Signature

\_\_\_\_\_  
Parent Signature