



**Upper Valley Rowing Foundation,  
June 4, 2018  
Coldwell Banker, Hanover, 7:00am  
Minutes**

**Present:** Dan, Michael, Terry, Maria, Liz, Erika, Nat, John, Carin, Rowan, Tim

**Absent:** Dartmouth Rowing, Peggy, Elizabeth, Beata

1. Review and approve minutes of May 1- Minutes approved
2. Safety – Terry
  - i) No safety concerns, river flow is now at summer levels, debris is down, coaches are consistently wearing life jackets and using walkie-talkies. Carin clarified that it is a Lebanon Crew rule that coaches wear life jackets, not a UVRF rule.
  - ii) Good discussion around attaching the kill switch cord on the launch motors to the coach's life jacket. Suggestion to get longer kill switch cords to allow coaches to stand comfortably and still make use of the kill switch.
3. Programs - Maria, Liz, Tim, Kelly
  - i) First session of masters coaching, good turnout despite poor weather
  - ii) Club sculling starts June 5<sup>th</sup>
  - iii) Masters travelled to Narragansett to race in the Mayor's Cup, overall good experience, Narragansett loaned equipment to UVRF, boats and oars.
  - iv) First sculling-camp will run Friday-Sunday with Linda Muri, participants will be divided into 2 groups. Liz needs a launch for Linda setup on Friday afternoon, gas and procedures.
  - v) Heidi Robbins will run part II (intermediate and advanced sculling) July 21<sup>st</sup> - Friday, Saturday and Sunday morning, 6am-2:30pm, out of Kendal, 1x in morning, 2x in the afternoon. Group lunch, lectures on nutrition and strength training. Divided into 2 groups.
  - vi) Heidi would also like to run weekly coaching sessions starting on June 20<sup>th</sup>, Wednesday and Sunday mornings, sign up for 15min timeslots. 6 Wednesdays through the summer will be available
    - (1) Signup genius will be setup for people to register for a time slot.
    - (2) Sunday morning 1 hour sessions available –
    - (3) Good discussion around running the mini clinics as a free club benefit, thank you Tim and Peggy for suggesting, final decision is to charge \$10 per 15minute slot.
  - vii) Junior programs not fully enrolled yet, but will likely fill.
    - (1) Lost 1 junior coach, but Erika will cover.
4. Nat'l Learn-to-Row Day canceled, too many conflicts.
  - i) Carin ran a very successful LTR day for Lebanon parents, great participation and interest. Discussion around running the same for UVRF with a friends and family brunch and LTR at Kendal, June 16 (?).
  - ii) Club BBQ date?
5. Kendal update - Carin, Dan

- i) Storage trailer has been a great addition to the Kendal site.
  - ii) Additional solar panel has been ordered by Dan.
  - iii) Additional signage needed for Kendal to make the community aware that the equipment belongs to UVRF, and to invite them to join the club.
  - iv) Any need to lock coaching launches at Kendal?
  - v) Suggestion to add UVRF stickers to Peinerts and Moss shells for identification
6. Treasurer report – Michael
- i) Dartmouth rowing finished, Michael will report on finances at next board meeting.
7. Other business.
- i) Raise dock monitor pay, from \$10 to \$11/hour for the next pay period, Paul Gross will be notified of the change.
    - (1) Add trash pickup to dock monitor duties
  - ii) Raise cox pay to \$25 per session
  - iii) All club singles have been moved from Fullington to Kendal, and organized.
  - iv) Lebanon Crew parents have offered to repair the transoms (motor mounts) on the launches
  - v) Equipment recommendation- Carin
    - (1) Hvy 2x
    - (2) Hvy 4+
    - (3) Hvy 4x
    - (4) Merge sweep and scull funds

**Proposed meeting schedule for 2018 at KAF 5:45p m (unless otherwise noted)**

- Mon July 2
- Mon August 6
- Tues September 4
- Mon Oct 1
- Mon November 5
- Mon December 3