

# CYO SPORTS GUIDE

This table is FOR REFERENCE ONLY, so that you can be aware when the specific sports season starts, ends, and the time required.

Please note these schedules are not exact as CYO can change anything.

Practice times and days are subject to change - Coaches will inform players what days practice is on at the start of the season.

Practices generally start 2-3 weeks before the season begins

P = Playoff Potential

		Grades	Practice	Games Played	Sept		Oct		Nov		Dec		January		Feb		March		April		May		June		July	
					1	15	1	15	1	15	1	15	1	15	1	15	1	15	1	15	1	15	1	15	1	15
Boy/Girl	<b>Soccer Clinic</b>	K	None	Saturday Mornings																						
Boy/Girl	<b>Basketball Clinic</b>	K-2	None	Saturday Mornings																						
Girls	<b>Volleyball Clinic</b>	2-3	None	Weekend																						
Boy	<b>Baseball Clinic</b>	1-3	None	Weekend Mornings																						
Boy/Girl	<b>Travel Soccer</b>	1-8	1 per week	Weekends																						
Boy/Girl	<b>Track</b>	1-8	None	Sundays																						
Boys	<b>Swimming</b>	K-9	2 per week evening	Friday Nights																						
Boys	<b>Travel Basketball</b>	3-8	1 per week	Weekends																						
Girls	<b>Travel Basketball</b>	3-8	1 per week	Weekends																						
Girls	<b>Travel Volleyball</b>	4-8	1 per week	Weekends																						
Girls	<b>Swimming</b>	K-9	2 per week evening	Friday Nights																						
Boys	<b>Travel Baseball</b>	1-9	1 per week	Weekends																						