

AGES & WEIGHTS

Leagues have options with how to structure their program. While leagues can continue the current structure where a player is placed in a division based on his or her age and weight they may also instead choose to register players based on age only. Currently, an estimated 75-80% of youth football nationally follows an age-only structure.

AGE-WEIGHT DIVISIONS:

There are Six Divisions of play, all determined by an age/weight scale.

Age/Weight Division	Age(s)	Certification Weight	End of Season Weight
TINY-MITE	5-6-7	35-75 lbs.	84 lbs.
MITEY-MITE	7-8-9	45-100 lbs.	109 lbs.
JR. PEE WEE	8-9-10	60-115 lbs.	124 lbs.
(older/lighter)	11*	60-95 lbs.	104 lbs.
PEE WEE	9-10-11	75-130 lbs.	139 lbs.
(older/lighter)	12*	75-110 lbs.	119 lbs.
JR. VARSITY	10-11-12	90-155 lbs.	164 lbs.
(older/lighter)	13*	90-135 lbs.	144 lbs.
VARSITY	12-13-14	105-180 lbs.	189 lbs.
(older/lighter)	15*	105-160 lbs.	169 lbs.

**The asterisked provisions in each division allow the so-called "older but lighter" player to also qualify. The last year of eligibility falls under more stringent weight restrictions, per above.*

A child's age on July 31 is his/her age for the season.

AGE-BASED DIVISIONS:

Division	Inclusive Birthdays
5-6	8/1/12 - 7/31/14
7-8	8/1/10 - 7/31/12
9-10	8/1/08 - 7/31/10
11-12	8/1/06 - 7/31/08
13-14	8/1/04 - 7/31/06

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