

HKSC / CJSA Return to Play

Phase 3 Precautions



We must have a HKSC / CJSA COVID-19 waiver signed before any player attends practice or games. It can be scanned and emailed or brought in paper form to the field. Work with your coaches on this. You can find the waiver in the “documents” section on the left of the website

If a player or coach has symptoms COVID-19 they must not attend for at least 14 days. If any player or coach has a positive test, all training sessions will be canceled for that team and any additional team associated with that coach or player for 14 days. Coaches and players with a positive test must notify the HKSC COVID-19 Director (contact info can be found below).

Any players that have traveled to a state on the CT COVID Travel Advisory list must not attend any club activities for 14 days. This list changes weekly and should be checked before coming back to club activities. Link to CT Travel Advisory List : <https://portal.ct.gov/Coronavirus/Travel>

Players

- Players must self screen before arriving at the field. See attached info / links
- Players are to wear masks when entering and exiting the fields. Coaches will direct when players can remove their masks.
- Players must wear their mask when on the sideline / bench area of a game
- Attendance will be taken and a verbal self-screen confirmation will be taken by the coach / volunteer at the field
- Players must wash / sanitize their hands before and after the game / session
- Bags and gear must remain 6’ apart
- No huddles, high fives or hugs

Coaches

- Coaches must self screen before arriving at the field. See attached info / links
- Coaches required to wear masks during training sessions, except when actively engaged in coaching activities requiring physical exertion
- Coaches must wear masks when in the bench area at games
- Coaches must wash / sanitize their hands before and after the game / session
- Coaches must make sure players adhere to all COVID precautions

Parents / Other Spectators

- Spectators must wear masks when entering and exiting the fields
- Spectators must remain physically distanced and wear a mask at all times
- Spectators should be limited, no big family outings
- Please do not congregate in the parking lot or other areas adjacent to the fields

Self Screen Questions: <https://www.mayoclinic.org/covid-19-self-assessment-tool>

CJSA COVID Info: <http://www.cjsa.org/home.php>

State of CT Travel Advisory List: <https://portal.ct.gov/Coronavirus/Travel>

HKSC COVID-19 Director: Kara Sanderson / grsand@outlook.com