

23rd Annual

Harford Junior Track Meet

in Bel Air, May 5, 2019

1 to 5 p.m. at the Bel Air High School Track

Order of Events

(Times after the start are approximate)

- 12:45 Registration opens
- 1:15 Standing long jump, 9-10 and 7-8
- 1:15 400-meter run, 7-8 then 9-10
- 1:45 400-meter run, 11-12 then 13-15
- 2:00 4x50 shuttle relay, 9-10 and 7-8
- 2:30 Running long jump starts, 11-2, 13-15
- 2:30 50-meter dash, 7-8 then 9-10
- 3:00 Awards for 7-8 and 9-10 age groups
- 3:00 100-meter dash, 11-12 then 13-15
- 3:40 800-meter run, 11-12 then 13-15
- 4:15 4x100 baton relay, 11-12 and 13-15
- 4:30 1600-meter run for 13-15

Limit: four events per person



New this year: There will be special race heats in each age group for those with disabilities.

A program of the Bel Air Rec Committee



Four age groups based on year of birth (age on Dec. 31, 2019 -- age 7-8 born 2011-12; age 9-10 born 2009-10; age 11-12 born 2007-08, age 13-15 born 2004-06.

Awards: The top three finishers in each event and age group will receive medals.

Relay teams can be formed at the meet. Ages 7-8 and 9-10 will run shuttle relays; 11-12 and 13-15 will run 4x100-meter

The meets are open to all boys and girls in the age groups listed.

Enter on-line at www.BelAirRec.org, (Youth Programs tab, Youth Track button), or by mail, or in person on the day of the meet.

Pre-entry fee is \$5 before May 1 or \$7 thereafter. If paying by check, make check to "Bel Air Parks and Rec Track". For the mail-in option, address to Junior Track, 412 Linwood Ave, Bel Air, 21014

Questions: contact Bill Blewett at email, wkblewett@aol.com

Age Group _____ (age on Dec 31, 2019) Amount paid: pre-entry for both meets by May 1 _____ \$5

Print: First, last name _____ Year & date of birth _____ Gender _____ Day-of-meet entries _____ \$7

Mailing address _____ City _____ State _____ Zip _____

Phone _____ your school or team _____ email address _____

Check for special heats/races wheelchair?

I hereby give my permission for my child to participate in the Harford Junior Track Meet of the Bel Air Recreation Committee. I certify that he/she is physically fit. I will not hold meet officials, the Bel Air Recreation Committee, Bel Air High School liable for any accident or injury incurred during the meet.

Signature of Parent or Guardian _____ Date _____