

2017 LANCER LACROSSE CLINIC REGISTRATION

ATHLETE PERSONAL INFORMATION

NAME: _____

ADDRESS: _____

CITY: _____ ST: _____ ZIP: _____

DOB: _____ GRADE (in fall 2017): _____

OF YEARS PLAYING EXPERIENCE: _____

TEAM IN SPRING 2017

Circle one: Boys or Girls

Circle one: U10 U12 U14 Instructional

Circle if applies First time playing

COST: MAKE CHECKS PAYABLE TO CHRIS LANDRY

Field Players: \$135

Goalies: \$75

T-Shirt Size (Circle) YM - YL - S - M - L - XL

(TSHIRTS CANNOT BE GUARANTEED FOR WALK-INS)

PARENT/GUARDIAN INFORMATION

NAME: _____

EMAIL: _____

BEST CONTACT #: _____

PARENT/GUARDIAN: My child(s) has permission to participate in all clinic activities. In case of injury, I give permission for a qualified doctor, nurse, or a trainer to provide immediate care.

Signature: _____

DATE: _____

**MAIL REGISTRATIONS TO:
LANCER LACROSSE CLINIC**

**C/O Chris Landry
13 Lee Road Waterford, CT 06385**



THE 9TH ANNUAL

BOYS AND GIRLS

**LANCER
LACROSSE CLINIC
GRADES ENTERING 3-9**



JULY 10-13, 2017

9-12PM

(RAIN DATE - JULY 14)



www.twitter.com/lancerlaxclinic



DIRECTOR: CHRIS LANDRY

2016 State Class S Coach of the Year

2015 & 2016 Norwich Bulletin Coach of the Year

Chris Landry is in his tenth year as the coach of the Waterford Lancers. In 2016 the Lancers qualified for the ECC tournament for the second time in program history, and lost in the finals to East Lyme 6-5. The Lancers were the 2016 & 2009 ECC Division Champions. Coach Landry's coaching career began in 2000, serving as an assistant coach at Oneonta State, NY followed by two years at Springfield College, MA before becoming the head coach at Mitchell College in 2004. Coach Landry has been working summer lacrosse camps since 1996. Landry, an attackman at Springfield College was awarded as conference player-of-the-year and New England Intercollegiate Lacrosse Association All-Star first team selection. As well, Landry participated in the New England East-West All-Star game as well as the USILA Division III North-South All Star game. Coach Landry, a native of South Hadley, Massachusetts was selected as a High School All-American in his senior season. Coach Landry is also a coach for the Connecticut Cardinals Club Lacrosse.



GIRL'S FIELD DIRECTOR: AUDREY MONTANARO

2015 Norwich Bulletin Coach of the Year

2011 The Day All Area Coach of the Year

Audrey Montanaro is in her tenth year as the head girl's lacrosse coach at Waterford High School. Coach Montanaro has enjoyed much success at the varsity level. In both 2016 & 2015, the lady lancers were ECC small division Champions. In 2011, the Lancers had their best post-season to date making it to the CIAC State Tournament Final Four. Coach brings a wealth of knowledge to her team as a former player at Lyme-Old Lyme High School. Coach Montanaro was a team captain for three years as well as the Offensive Player of the Year in 2001.

2017 LOCATION

Players at this clinic will be on outdoor grass fields at:
CLARK LANE MIDDLE SCHOOL

In case of inclement weather, a session may be canceled. One make-up date will occur on Friday, if necessary.
CLMS FIELDHOUSE MAY NOT BE AVAILABLE

For inclement weather cancellations please visit

www.twitter.com/lancerlaxclinic

Questions: Please email Coach Landry @

clandry@waterfordschools.org



ALL PLAYERS RECEIVE:

- Clinic Tank Top
- New Clinic T-Shirt (If pre-registered – cannot guarantee t-shirt for walk-ins)
- Water bottle
- Bag



Lacrosse Clinic Philosophy:

The Lancer Lacrosse Clinic intends to provide each athlete the opportunity to learn the basic skills and concepts of the game. The player will also learn the latest techniques in a competitive and positive environment.

All Players should have:

- Shorts, T-shirt, cleats, sticks, mouthpiece, Goggles (girls), helmet, gloves, shoulder pads, and arm pads
- Sneakers (in case we need to move to the CLMS field house for inclement weather.)
- Sunscreen should be applied prior to showing up
- Personal Water coolers

TYPICAL SESSION WILL INCLUDE

ARRIVAL BY 8:45AM
ATTENDANCE/STRETCH
POSITION SKILLS
WATERBREAKS
TEAM DRILLS AND SKILLS
1 ON 1 SKILLS, 2 ON 2 SKILLS, 4 ON 4 SKILLS,
GAME SITUATIONS
PARENT PICK-UP AT 12PM

HIGH SCHOOL COUNSELORS



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