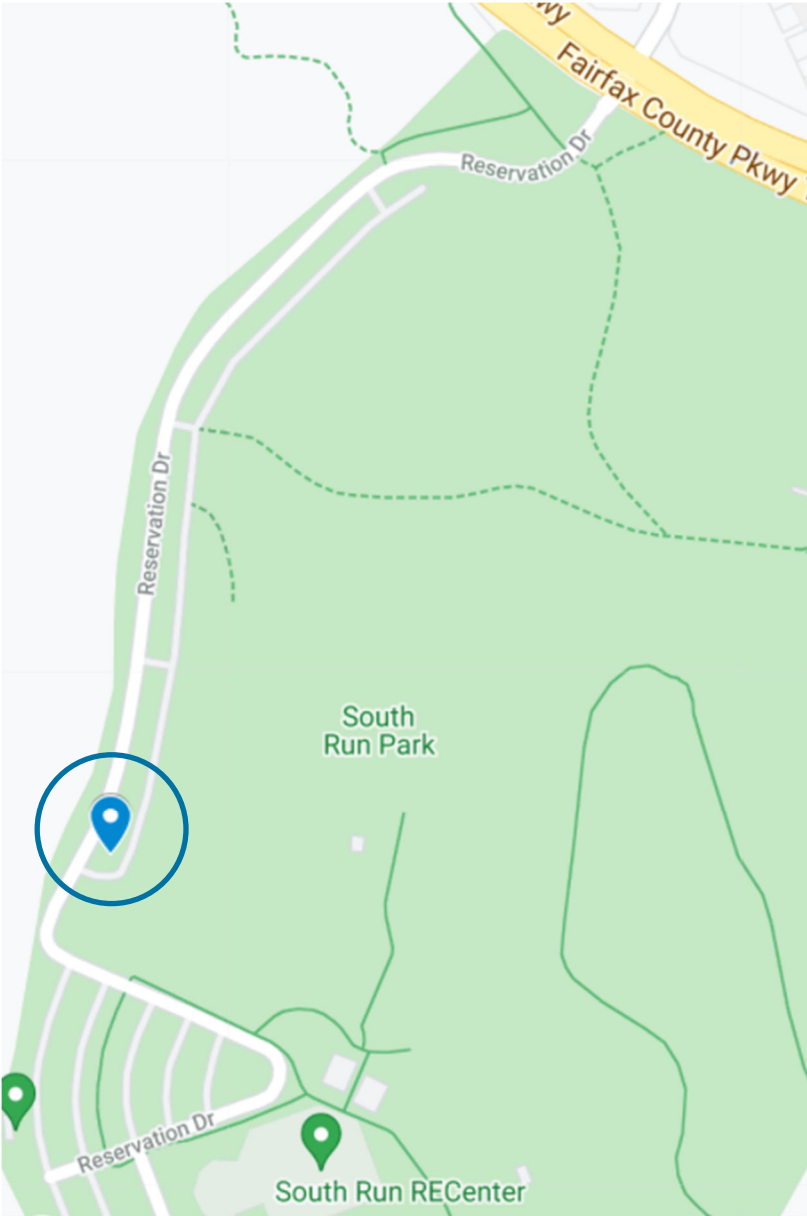
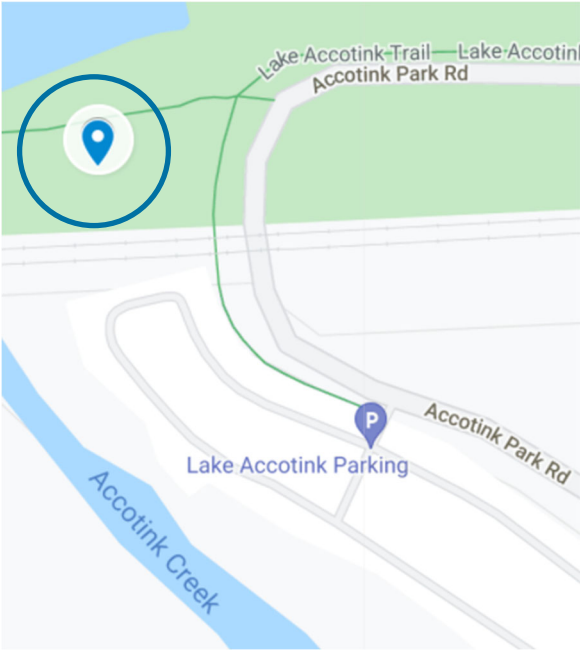


Meeting points for workouts:

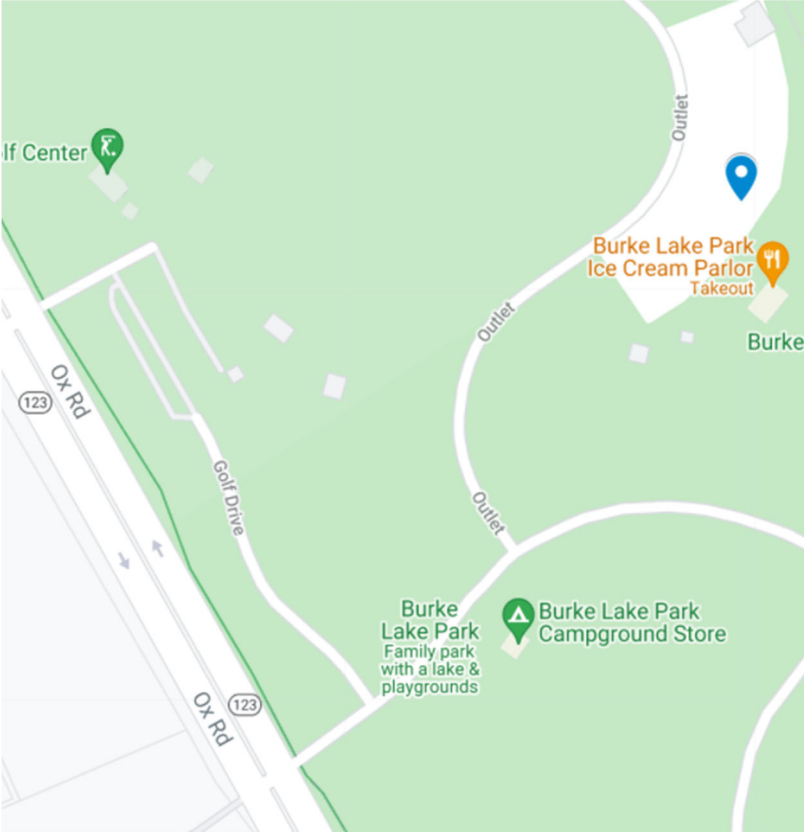
South Run: South end of parking area along soccer fields.



Lake Accotink: Grassy area around railroad trestle. Closest parking accessed from the entrance via Accotink Park Road.



Burke Lake: Parking lot next to ice cream parlor and mini golf.



Fountainhead regional park: Parking lot just past park maintenance area.

