



Patriot Lacrosse

2012 Winter Indoor 6vs6 Rules

1. Rules- All games will be officiated according to the National Federation of State High School Associations 2012 Rules, US Lacrosse Youth Lacrosse Rules for boys as amended, Colorado Youth Lacrosse Association House Rules, and could include additional exceptions as listed in below rules for Patriot indoor 6 on 6 winter lacrosse. For Clarification and emphasis on the CYLA General rules and the NFHS rules please see references listed on last page. All additionally added Patriot Lacrosse house rules to accommodate field size and safety of players are noted below.

BODY CHECKING – Body checking in accordance with NFHS and US Lacrosse rules for boys as amended apply.

NO BOARDING – All checking into walls or nets (Boarding) will result in a TWO minute penalty. Boarding will include being of an "accidental" or "intentional" nature. If a player commits this foul twice in a single game he will be ejected from game. If a player gets ejected two times in the season, he will be expelled from league with no refund on registration. The league will record any and all boarding, cross checking, unsportsmanlike, and excessive hitting. Appeals on referee's decision of expulsion from league may be submitted to Patriot Lacrosse President. The purpose for this rule is to protect the players.

NO CROSS CHECKING – All cross checking will result in a TWO minute penalty. Cross checking will include being of an "accidental" or "intentional" nature. If a player commits this foul two times in a single game he will be ejected from game. If a player gets ejected three times in the season due to cross checking, he will be expelled from league with no refund on registration. The league will record any and all boarding, cross checking, unsportsmanlike, and excessive hitting. Appeals on referee's decision of expulsion from league may be submitted to Patriot Lacrosse President. The purpose for this rule is to protect the players.

SUBSTITUTIONS – Subbing on the fly is highly encouraged. Players cannot come on the field until another player comes off, unless it takes place during a stoppage in play. If a stoppage in play occurs, the referee will allow a 10 second interval between next whistle to allow for players to be subbed, after 10 seconds whistle will be blown, so don't be caught with too many players on the field.

- **OFF SIDES** – There will be no off sides it will be a 5v5 full field.
- **LENGTH OF A GAME** – A regulation game will consist of two 20 minute half's of running time. Time will only be stopped if a referee deems necessary **or if a coach calls a time out within the last 2 minutes of the game**. Game stoppage for *minor* injuries is not a cause to stop the game clock. There will be a *maximum* of 10 minutes between games along with a 2 minute half time during games.
- **TIME OUTS** – You will be allotted 1 two minute time out per game.
- **PLAYERS ON THE FIELD** – All Divisions - 6 players, 1 of which must be a goalie, 2 defensemen, 2 Attack, and 1 midfielder. Long poles are not permitted, short poles only.
- **SIDELINES** – Ball will be played off the walls. If a ball exits field of play i.e. bench area, or stuck in net due to a missed pass, shot, and or a loss of possession from a stick check, the ball will be given to the proper team as awarded in NFHS rules.
- **REGULAR SEASON TIE** – The game will end in a tie
- **PLAYOFF TIE** – 1 four minute Sudden Death period, if still tied, Braveheart.
- **FORFEIT** – A team shall forfeit its game if it cannot field a minimum team of 6 players from their actual registration roster. They may still play with recruitment from other teams, but the game will go on record as a loss. A player can only be on a single roster per their division age group, but may assist other teams in their same age group division if that team is in need of extra players for substitution **during** a forfeit. Please use good sportsmanship if you are in need of additional players and recruit from other teams, meaning don't recruit the five top players to be subs for your team.
- **ROSTER** – We highly encourage coaches to keep a roster of no more than 12 players. This will ensure that everyone gets proper playing time and have the full benefit of playing the game. It will be the Coaches responsibility to ensure kids are played properly and equally.
- **GAME EXPULSION** – At times, a player, coach, or parent may have to be disciplined for a serious offense by being ejected. The referee's will make this fair but final decision. Conditions for such discipline include but not limited to: fighting; flagrant violation of established rules; repeated boarding; excessive taunting; disrespect by a player, coach, or parent towards a game official, fellow coach, league personnel, another player, or anyone else in attendance; and any other situation where such action is deemed necessary. Please note that the **NO REFUND POLICY** will be in effect if a player, coach, or team is expelled from the program.
- **Mercy Rule** – At any point during a game when there is a three-goal lead, the team that is behind will be given the ball at the midfield line in lieu of a face-off as long as the three-goal lead is maintained, unless waived by the coach of the trailing team.

2. DIVISIONS –

U9 (generally 3rd grade and below)

U11 (generally 4th grade and 5th grade)

U13 (generally 6th grade and 7th grade)

U15 (generally 8th grade)

High school (15 and above)

Refer to US lacrosse link for age reference eligibility; exceptions may be approved by league administration. ***In no instance can a 9th grader play on a U-15 team.**

3. EQUIPMENT – Uniform must conform to National Federation of State High School Associations 2010 Rules, US Lacrosse Youth Lacrosse Rules for boys as amended, Colorado Youth Lacrosse Association House Rules. **U11 and** above goalies need to wear ALL CSC provided goalie equipment.

4. US LACROSSE MEMBERSHIP

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All players are required to have a US Lacrosse membership that is active through January 2013. Registrants can activate and check the status of US Lacrosse memberships at:

<http://www.uslacrosse.org/membership/index.phtml>

Winter 2012 registrants will be required to obtain an active US Lacrosse membership before registering.

5. ENJOY – Please help your players or children enjoy the sport of lacrosse by coaching and encouraging them. Coaches, don't argue with officials. Parents, enjoy watching your son play. Let the players compete and enjoy the competition of off season lacrosse. Please let the officials do their jobs without your assistance.

References:

The National Federation of State High School Associations (NFHS) 2012 Boys Lacrosse Rules Book

<http://www.uslacrosse.org/TopNav2Right/Rules/YouthRules2012.aspx>

CYLA HOUSE RULES-2012 Youth Boys

<http://leagueathletics.com/Page.asp?n=46134&snid=jHHK%5E7D2Y&org=cyla.us>