



ACADEMY PROGRAM

PARENT INFORMATION

ACADEMY 7, 8, 9, 10 & 11

SCOR PHILOSOPHY – ACADEMY Program

SCOR strives to provide a safe, fun environment for kids to gain a love and appreciation for soccer, develop as players and athletes, promote good sportsmanship, build character, responsibility and accountability. SCOR Academy provides an accelerated development option for players in grades 1-5. The Academy curriculum is designed to develop ball skills, risk-taking and creativity under the guidance of our professional coaches.

The goal of the SCOR Academy is to foster a love for soccer, build confidence, and establish a foundation for future success in competitive soccer.

Academy 7 - Academy training supplement to house-league for 1st graders.

- individual skill development
- fun, free flowing and progressively challenging environment
- development of ball skills, motor skills, and game insight, and on field decision making

Academy 8 - Academy training supplement to house-league. 2x per week with a professional coach

- individual skill development
- fun, free flowing and progressively challenging environment
- development of ball skills, motor skills, and game insight, and on field decision making

Academy 9 - Full immersion program under the supervision and direction of the SCOR Coaching Director and professional coaches. Academy 9 players may also compete in the SCOR fall Columbus Day Tournament. Academy 9 is highly competitive, preparing players to advance to the next level of play. Training and games focus on:

- individual skill development
- fun, free flowing and progressively challenging environment
- develop touch, passing and finishing skills, motor skills, game insight, and on field decision making
- defending, possession, and attacking
- short field, small sided games
- Columbus Day SCOR Tournament

Academy 10 & 11 - For U10 and U11 age players that want to continue to develop and are not playing travel.

- individual skill development
- fun, free flowing and progressively challenging environment
- develop touch, passing and finishing skills, motor skills, game insight, and on field decision making
- defending, possession, and attacking
- short field, small sided games

Training Structure:

- warm-up
- fundamental ball skills.
- game like training activities
- short-sided scrimmage.

Academy Schedule:

Div.	Mon	Tu.	Wed	Th.	Fri	Sat	Su.
ACAD7 (1 st Grade)	ACAD Training					House Game	
ACAD8 (2 nd Grade)	ACAD Training		Boys House practice		Girls house practice	House Game	
ACAD9 (2 nd /3 rd grade)			ACAD Training		ACAD Training	ACAD match	
ACAD10 (3 rd /4 th Grade)			ACAD Training		ACAD Training	Rec-plus match	
ACAD11 (5 th / 6 th Grade)			ACAD Training		ACAD Training	Rec-plus match	

The Academy system: A two phase loop

- 1) Learning phase: Practice and training
- 2) Competitive phase: Competitive play.

For soccer education to be truly effective, it is vital that these two learning phases extend from each other and feed back on each other. Practice is equally important as the match. Skills and concepts taught in training will be analyzed at games. The emphasis is on skill-development, spatial awareness, group-play, and not the end result of the game.

Coaching:

The most reputable and accomplished coaching schools around the world encourage coaches to allow players to problem solve on their own. The true beauty of soccer is that when the player sets foot on the field the player is in control of the game. Kids should feel free to experiment and try what has been learned at practice.

While our coaches have different backgrounds, different personalities, and different style, Academy coaches all follow the same curriculum designed to promote ball skills, risk taking, game awareness, and developing soccer IQ.

Coaches provide encouragement and give limited guidance and advice during the game. At half-time and at the end of the game coaches briefly offer feedback and points of emphasis to take into the next training session.

Coaches are supported by a parent assistant coach. Parent assistant coaches support player safety, encourage players, and oversee substitution to ensure equal playing time. This allows professional coaches the opportunity to observe and analyze the development of our players. Parent Assistant Coach responsibilities include some team organization and communication, warm-ups, and substitutions. If you are interested in supporting your child's development and would like to coach please contact matt.art@scor.org or chris.lefferts@scor.org.

Inclement weather:

Coaches can work with the kids on practice days when grass fields are closed. Decisions depend on the availability of turf fields or safe alternative surfaces. If an alternative location is not available, players will be provided with individual-based ball skill homework assignments that can be completed in their garage or basement (with parent consent of course).

SideKick Level I Ball Skills:

Players have access to the following web page that provides demonstrations for the 5 possessive and 5 penetrating ball skills. Players will be encouraged to familiarize themselves and hopefully perfect these moves on the field before they reach U10 or U11 at the latest. Please consider having your kids visit the 'Sidekick Ball Skills - Level I' web page at <https://www.teamexcelsoccer.com/sidekick-ball-skills---level-i.html>