

# OMAHA LACROSSE CLUB

Dear Parents,

We wanted to take this opportunity to put in writing our objectives and expectations for the season.

## **The main objectives for all players in OLC are:**

1. That the players learn good sportsmanship
2. That the players learn the fundamentals of the game of lacrosse
3. That the players learn the value of team work and commitment
4. Most of all that the players have FUN

**Our main goal is to have all the players want to come back and play again next year.**

## **Coaches**

The coaches are volunteers and the lifeblood of our youth organization. We will teach the players the fundamentals, sportsmanship, and team building. Every coach's goal is to teach the children to enjoy the game of lacrosse.

## **Sportsmanship**

It is mandatory that every parent and player review [OLC's Code of Conduct](#). It is extremely important for coaches, parents and children to conduct themselves in a way that respects the game. During games, the head coach will be the ONLY person allowed to speak to the referee or coach of the opposing team. I will not hesitate to ask a parent to leave if I think that needs to happen.

## **Safety**

ALL players must wear ALL required protective equipment at all times. Players are discouraged from over aggressive and dangerous play. However, sometimes the kids get overly enthusiastic and these prohibited activities will in fact happen. We as coaches and referees will do our best to avoid senseless aggression and explain to the players the rules and safety precautions that need to be followed.

**START NOW: Help your son get used to playing with a helmet and gloves on, especially if they're not used to wearing protective equipment. The more comfortable they feel during games and practices, the safer and more productive they'll be.**

## **Commitment**

We all know how families get busy, schedules fill up and at times you may encounter scheduling conflicts. However, please make every effort to bring your son to every game and practice. Practice is where the kids get better and games are where they showcase the skills they've learned.

## **Assistance from Parents**

All coaches and league administrators are volunteers and we all rely on involvement from parents to help with the day-to-day operations of OLC. If you'd like to help in some way, please email [info@omahalacrosseclub.com](mailto:info@omahalacrosseclub.com) about volunteering. We believe in getting as many parents involved as possible and will probably be able to find something you can do to contribute.

