

Sacramento Lacrosse Board Meeting
January 9, 2019 @ 7pm (7:13 PM Call to Order)
Ann Casentini's Residence

In attendance:

Cathy Reed (President)
Ann Casentini (Girls Rep)
Randall Mullan (At Large)
Kathi Shelley (Registrar)
Larry Wong (Treasurer)
Nicole Swanson (At Large)
Kate Morr (At Large)
Christie Benavides (Secretary)
Brian Quinn (Tentative Webmaster)

Not in attendance:

Rich Reed (Administration)
Bill Munoz (Boys Rep)

Motion to Approve November Board Meeting Minutes: Motion: Cathy Reed, Second: Christie Benavides. 9 Aye, 0 No, 0 Abstain

Financials (Larry Wong):

Refer to budget "Actuals" and budget "Forecast" that were distributed by Larry Wong at the board meeting. The forecasted number of Sacramento lacrosse players was 172, actual registrations are at 155. The difference in number of players causes about a \$5,000 fluctuation in forecasted budget numbers.

Stipend for Cathy Reed, President: Cathy currently covers many positions for Sacramento Lacrosse, in addition to being the President of the Sacramento Lacrosse board (field manager, equipment manager, fundraising/sponsorship, outreach and Vice President). She currently spends approximately 20 hours a week on duties related to Sacramento Lacrosse. Cathy asked the board to approve an increase in her monthly stipend from \$500 to \$1333 per month, beginning January 31, 2109. This will replace the \$500 administrative stipend that has been paid to her in the past. Larry Wong provided financial scenarios and details for this increase to the Board in the "Actuals" handout. **Motion to approve:** Motion by Christie Benavides, seconded by Kathi Shelley. 9 Aye, 0 No, 0 Abstain.

Volunteer Coordinator Position: Sac LAX needs a volunteer coordinator position filled asap. Cathy Reed proposed a fundraising idea where parents register with NVSVC or Ovations and have the potential to earn scholarship money for their student's lacrosse registration dues. Parents would serve beer at the California State Fair, work at a Bingo night, etcetera (after being trained and certified to do so) in order to earn scholarship money for their lacrosse player. NVSVC then cuts a check to Sacramento Lacrosse for all hours that have been worked by parents.

Coach Communication: Per the November 2018 board minutes, Ann Casentini (instead of Rich Reed as noted in the minutes) communicated with Steve McLaughlin regarding whether he was receiving the Sac LAX emails being sent to him by Cathy and Ann. Miscommunications were resolved and Steve will be a Sacramento Lacrosse coach in 2019 but will not be a Sac LAX board member in 2019.

14U A Team: Matt King will not be starting a U14 A team in 2019. Please see November 2018 board meeting minutes for more information.

Scholarship Review: \$2,655 in lacrosse scholarships were requested (from 9 players); \$1,800 reimbursement of scholarships requested by Sac Lax from NCJLA. **Motion to approve scholarships:** Motion by Nicole Swanson; Seconded by Ann. 9 Aye, 0 No, 0 Abstain.
 1 lacrosse player whose family was a victim of the Paradise fire was given all new lacrosse equipment by Sacramento Lacrosse and was scholarshipped to play lacrosse for Sac Lax in 2019.

Release/Accept Committee (Cathy Reed, Randall Mullan, Larry Wong): No new release or acceptance applications received by Sac Lax, so no need to call on the Release/Acceptance Committee this month.

SWAY Concussion Safety Pilot Test:

14U Girls - Ann Casentini

14U Boys - Brian Quinn

Ann Casentini and Brian Quinn reported that the SWAY concussion pilot program was moving along. Each team (14U Boys Yellow and 14U Girls A) have a parent safety volunteer plus two coaches on-board, for a total of six representatives to be trained by SWAY. Brian negotiated with Patti Curtiss from SWAY and confirmed that Sacramento Lacrosse will only pay the \$5/player SWAY administrative fee. The additional fee of \$5-10/player fee for the on-call medical professional will be waived for this pilot program. This doctor or nurse practitioner will receive real-time test results in the event of an injury. They will compare it to the baseline tests and within 30 minutes will contact the team's safety coach with their analysis and recommended treatment as a concussion expert. Brian will follow up with Patti from SWAY to schedule the necessary on-line software training that our six reps will need to complete.

2019 Coaches & Player Registration #

	Boys #	BOYS	Girls #	GIRLS
10U		David Tait Phil Tabor	10U	David Webster McKenna Schinderle - Coaching Intern

10U		Marco Martinez		
12U		Sean Mitchell Nick Witry - Asst. Louis Bisbiglia - Asst.	12U	Steve McLaughlin
14U		David Webster (Bv) Steve McLaughlin - Asst.	14U	Ann Casentini (A) Jamie Dreher
14U		Matt King (Bv)	14U	Lee Hamm (B4) Greg Andrews
HS		Cathy Reed (JV) Andre Dawkins Taylor Brown	HS	Randall Mullan Karla Garibay Garcia

Nicole Swanson - All Around Amazing (AAA) Girls Coach

Key Dates:

Girls Clinics - all went well

Boys Clinics - ?

Co-Ed Clinic with Lacrosse Fanatic - went well

12/10 - Petitions - all approved

12/12 - Conferences arranged and posted

12/13 & 12/17 - Uniform Try On @ Lacrosse Fanatic

12/15 - Scheduling Meeting

1/10 - Petitions - one outstanding (B10U play down)

1/10 - Parent Orientation

2/2 - AllWest 7v7 Ice Breaker (BHS)

2/9 - Coaches Certifications Due (2/2)

2/9 - Level 2 Coaches Clinic @ Folsom

2/10 - Petitions Due

3/10 - Level 1 Coaches Clinic @ Elk Grove

	2018/2019	2019/2020	2020/2021
President	Cathy Reed		
Vice President		Cathy Reed	
Secretary	Christie Benavides	Christie Benavides	
Treasurer	Larry Wong	Larry Wong	

Registrar	Kathi Shelley	Kathi Shelley	Kathi Shelley
Girls Rep	Ann Casentini	Ann Casentini	
Boys Rep	Bill Munoz	Marco Martinez	
Uniform Coordinator	Nicole Swanson		

	Candidates	
Vice President		
Webmaster	Brian Quinn	
Fund Raising	Susie Dawkins & ??	Casino Night Jamba Juice BOGO Cards NVSBC collaboration
Volunteer Coordinator		
Field Manager		
Equipment Manager		

Coaches Certifications: Ann & Bill will begin tracking them soon.

Coaches Gifts:

David Tait	\$30 (2015, 2018, 2019)
Sean Mitchell	\$20 (2018-2019)
David Webster	\$50 (2015-2019)
Nicole Swanson	\$40 (2016-2019)
Steve McLaughlin	\$20 (2018-2019)
Ann Casentini	\$50 (2015-2019)
Matt King	\$50 (2015-2019)
Lee Hamm	\$20 (2018-2019)
Randall Mullan	\$20 (2018-2019)

	Girls Key Dates	Boys Key Dates
2/18		UDC
2/23		Boys Season Begins
2/24	G14A & 12A Play Day - Elk Grove	
3/2	Girls Season Begins	
3/10	G10 Play Day - Elk Grove	
3/16	Regular Season Begins	
3/23 3/23 3/31	Regional Jamboree-10U-Woodcreek Sankofa Clinic Regional Jamboree - 10U - Lincoln	Regional Jamboree - 10U Sankofa Clinic Regional Jamboree - 10U
4/7 4/13 4/27	Regional Jamboree-10U - Davis Regional Jamboree-10U- Fair Oaks Regional Jamboree-10U-Sacramento	Regional Jamboree-10U Regional Jamboree-10U Regional Jamboree-10U
4/28	10U Season Ends	10U Season Ends
5/5	Regular Season Ends (HS, 14A, 12A, 14B & 12B) HS Playoffs & Flighted Tournament - Elk Grove 14A & 12A Flighted Tournament - Petaluma	Regular Season Ends (All A Div. & HS)
5/11		Quarter Finals/Semi Finals - Elk Grove (All A Div. & HS)
5/18	12U Flighted Tournament - Woodcreek	Flighted Tournaments (12B & 14B) - Lincoln
5/19	HS Championship game - Pleasanton G14B Flighted Tournament - Wookcreek	Finals-Pleasanton/Neutral Location
5/20	14A & 12A Championship Game - Pleasanton	

Field Update (Cathy Reed):

Cathy Reed reported that she had renegotiated our field rates for practices and games and that we would likely be allowed to hold some of our practices on the turf at Encina. (The estimated cost for field rentals for the season is going to be about \$4,000.)

Stingers Decals (Cathy Reed):

Cathy Reed reported that she had ordered Stingers logo decals. The group decided that the large ones should be sold for \$5 and the small ones for \$3 or 2 for \$5. Cathy estimated that the sale of these decals would raise approximately \$900 for the club.

New Storage Unit: 10 x 24, working to organize and inventory

New Canopies: Super Nice

Uniform Update (Nicole Swanson):

Nicole Swanson reported that the two uniform try-on nights went well. The second night provided Lacrosse Fanatic with more opportunities to present their products. She also reported that the uniform order had been placed and that she expected delivery the 1st or 2nd week of February.

Spirit Wear: Squad Locker (5% fundraiser) Cathy

Meeting adjourned at 9:23 P.M. by Cathy Reed