

## SACRAMENTO LACROSSE BOARD MEETING

May 14, 2019 @ 7:00 P.M.

Ann Casentini's Residence

Call to order at 7:17 P.M.

### MEETING MINUTES

#### **In Attendance**

Cathy Reed (President)  
Christie Benavides (Secretary)  
Marco Martinez (Boys rep)  
Kathi Shelley (Registrar)  
Larry Wong (Treasurer)  
Kate Morr (Member at Large)  
Randall Mullan  
Nicole Alyanakian (Fundraising)  
Monty Hisaw (Future Natomas Outreach)  
Ann Casentini (Girls rep)  
Nicole Swanson

#### **Not in Attendance**

Rich Reed (Administration)  
Brian Quinn (Webmaster)  
William Munoz (Member at large)

#### **Role Call**

- Vote in April 2019 Minutes with changes suggested by Randall Mullen under "Code of Conduct" section. – Approved by Larry, Seconded by Kate (11 ayes)

#### **Financials (Larry Wong)**

Overview of financials presented by Larry.

- Brian will receive \$100 registration discount as webmaster.
- Cathy Reed received a \$200 donation check that was spent on equipment
- Kathi Kuhlman received a \$200 parent volunteer check from Ann's 14UA team that was de received a \$200 cash volunteer fee payment which she accidentally spent. A check was issued to reimburse Ann for volunteer fee.
- Nicole A's volunteer check was cashed on accident, but was actually for U10 registration
- AllWest has not cashed a check issued to them from March 2019
- Storage fees have increased to \$225 per month
- Nicole A. received the Rebounder check (action item in April minutes)

**Action (Continued):** Brian will look into fees and expenses for website hosting.

**Action (Continued):** Kathy and Larry will research how much has been collected in late fees over time

#### **Registrar Report (Kathi Shelley)**

Only \$300 in fees are still outstanding to date. \$100 in registration fees still owing, \$50 for a bounced check, and \$150 being earned this weekend at jamborees to pay for a scholarship a lacrosse player was given by Sac LAX.

- Sacramento Lacrosse registration may be restructured next year where payments are due in full at the time of registration.
- Sac LAX needs to finalize the credit card payment option (Credit Card Square through Chase Visa) for the next registration session.
- Once the credit card option is set up, Sac LAX can offer automatic billing to split up registration into payments, if a credit card is on file to guarantee payments.
- **Action:** Larry will look at set up and fees for credit card option.

### **Sac LAX Board Membership (Cathy)**

Three members are stepping down as of the May 2019 meeting: Christie Benavides (Secretary), Kate Morr (Member at Large), and Nicole Swanson (Member at Large). Monty will take over as Secretary and Uniform Coordinator as of the June 2019 board meeting.

### **Fundraising Report (Nicole A.)**

NCJLA needed help with 100 jamborees and had a budget of \$250 for set up at each jamboree. Sac LAX raised \$1000 by setting up the jamborees for El Dorado Hills, Davis and Woodcreek. 4 girls and 3 boys who received Sac LAX scholarships will donate their time and funds earned at these jamborees back to Sacramento Lacrosse.

### **Uniform Update - (Nicole S.)**

Monty will take over as Uniform Coordinator for Nicole Swanson in June 2019. Nicole S. has all the jerseys that Encore printed with mistakes, she also has 3 sets of boy's extra jerseys and all of the girl's extra jerseys.

The Board will decide whether to stay with uniforms by Encore for a third year. Other companies, such as Wave One, are considerably more expensive. Encore has agreed to be present at all uniform try-on nights with size samples for all uniform pieces. Board to discuss and draft uniform expectations and consequences for next year's uniform company. For example, the company will receive 10% less payment if the Sac Lax written expectations are not met.

**Action:** Monty will contact Healy and Encore for uniform price quotes for next year. Board will then vote on which company to use for uniforms next year.

### **Picture Update - Cathy**

- Ultimate Exposure will return next year to take team photos as they did a great job this year
- Coaches will watch all player's pictures being taken to ensure no inappropriate poses are in pictures

- 3 types of pictures will be taken on picture day: 1. Pose 2. Attitude 3. Team (Pano)

### **Sway Concussion Safety Pilot Test - (Cathy)**

This item is being tabled for the time being. Ann stated that SWAY proved ineffective. Her team had 2 concussion incidents on the field, where she called SWAY and there was no response from them. Ann stated that teams need a “parent volunteer” to be trained to deal with concussions during games because coaches cannot leave the field during a game to tend to potentially concussed players. Ann’s team had a total of 5 concussions during games this year.

**Vote:** Motion: Cathy, 2nd Nicole S. 11 ayes. Board decided to implement a requirement that coaches/teams have an “Injury Assistant” (parent volunteer) that is trained in concussion procedures.

### **For Future Discussion:**

1. Off Season Goals: Form an off season goal committee to discuss:
  - More stringent coaching standards
  - Start and end dates for practice (same for all teams)
  - Minimum expectations for practices (number of days a week, duration of practices, etc.)
  - Minimum number of games and tournaments
2. Fundraising Plan for next year
3. Outreach Implementation Plan
  - Hand off the majority of San Juan USD to Fair Oaks Lacrosse
  - Focus on private schools
  - Sacramento Lacrosse to focus on Sac City USD, Twin Rivers SD, unreached parts of San Juan USD
  - Lean on Lacrosse Fanatic for outreach assistance
4. Summer Opportunities for continuing lacrosse in off season. Participants must be members of US Lacrosse. Board discussed a boys 7 v 7 team (\$250 per player, per session) and a U14 boys team (\$250 per player, per session).

### **Summer Opportunities (Cathy):**

**Vote:** Drop in lacrosse clinic sessions lead by Tyler Reed (\$15 each drop in session), with 10% of proceeds donated back to Sac LAX. Motion by Ann, 2nd by Marco. 10 ayes, 1 abstain (Cathy).

**Vote:** Cathy and Tyler Reed will continue to coach JV and HS summer program for two 7 v 7 teams with tournament play. Motion by Ann, 2nd by Marco. 10 ayes, 1 abstain (Cathy).

**Vote:** Sacramento Lacrosse to explore 14U boys team for summer time in the next few weeks. Open registration with no payments accepted until there is a full roster. Cathy and Tyler Reed to coach. Motion by Marco, 2nd by Larry. 9 ayes, 2 abstain (Cathy and Ann). Meeting adjourned at 9:08 P.M.