



Shoreline FC Frequently Asked Questions

What is Shoreline FC?

Shoreline FC is a Connecticut based Premier soccer club for young boys and girls aged 5 – 18 years old.

Where are you located?

Shoreline FC has **TWO** club locations; Greenwich CT: based at the **Greenwich Catholic School** (471 North St, Greenwich 06830) and North Branford based at the **CT Sportsplex** (210 Foxon Rd, N. Branford 06471).

What is Shoreline's philosophy to player development?

Shoreline FC is fully dedicated to develop each individual athlete to achieve their greatest potential as a soccer player. Our challenging, competitive and nurturing program, will build strength and character in each player through the four pillars of the game; Technical, Tactical, Physical and Mental skills. Additionally, we want players to learn "Life-Learning Lessons" through sports that they can take into everyday life.

What leagues does Shoreline FC compete in?

Shoreline FC prides itself on a strong reputation to compete against the strongest opposition available. We compete in Elite Regional (EDP, Super Y), Tri-State Regional (NYSL) Local Regional (CCSL) and Local State (CJSA) leagues. Dependent on the level of the Shoreline team, will determine which league we feel is best suited for them.

What tournaments do you attend?

Using the same formula that we apply to league play, Shoreline FC competes in the strongest tournaments on the East Coast (Jefferson Cup, Potomac, Massapequa, Manhattan), as well as some of the strongest local tournaments (HBC, Northport, Glastonbury). We like to attend tournaments with our U7 – U10 teams that are within reasonable distance to home, whilst our U11 – U18 travel could be greater for exposure/competition.

What age groups does Shoreline FC offer and how are they determined?

Shoreline FC's full-time teams range from ages U7 – U19 in both genders in both locations. Our program is split into **THREE** categories;

- ❖ **Academy Premier** (U7 – U10),
- ❖ **Junior Premier** (U11 – U14)
- ❖ **Senior Premier** (U15 – U19)

Each age team (U7, U8, etc.) is determined by the birth year of the player.





Does Shoreline FC possess a quality coaching staff?

YES! Some of the highest qualified and most experienced coaching staff in Connecticut coach at Shoreline FC. Every coach holds qualifications from USSF, NSCAA or FA coaching licenses; has a current background check, has been Virtus Certified and trained in 1st Aid/CPR. We boast;

- > Director of Coaching who holds a USSF A-License, National Youth License & NSCAA Premier Diploma,
- > Southern CT State University Assistant Coach
- > Local High School Head Coaches; Brunswick, Stanwich, Hopkins,
- > USL Super Y Regional Coaches
- > Ex-professional/semi-professional goalkeeping coaches

Does the club have a coaching curriculum?

Our Director of Coaching (DOC) Danny Simpson has written a comprehensive curriculum for every age group in our club. Lesson plans for EVERY training session over an 8-10 week season are in place and are age specific (IE, a U7 will have different training priorities than a U12). This allows Shoreline FC to coach through a “**Periodization**” process to ensure we maximize each player’s development by teaching the appropriate topics at the right age ranges.

When, where and how often do you train?

- > Our U7 – U14 program run **10-months** a year (mid-August – mid-June)
- > Our U15 – U19 program run for **7-months** (mid-November – mid-June)

Fall & Spring Training;

- U7 – U10 teams train 2 x a week; outdoors
- U11 – U14 teams train 3 x a week; outdoors
- U15 – U19 teams train 2 x a week; outdoors (spring only)

Winter Training;

- U7 – U10 teams will train 1x a week; indoors
- U11 – U19 teams will train 2x a week; indoors & outdoors (weather permitting)
- U11 – U19 teams will play indoor futsal & attend CrossFit programs

What is the commitment level and traveling involved?

To develop your child fully, Shoreline needs players to commit to training and games. Conflicts occur (school trips, church commitments, weddings, etc.) and we accept that without retribution. Regarding travel, in all Premier soccer further away games have to be expected:- For Academy ages; within 45-60 min of our home field: For Junior / Senior Premier, within 60-75 min of our home field.

Do you allow players to play other sports?

YES! In fact we encourage it. Cross training by playing basketball, hockey, skiing, etc. is fantastic for every player’s development as an athlete and a child. However, we ask to avoid conflicts where possible with your commitment to Shoreline FC.





What is the cost to play for Shoreline FC?

Being a Premier club with open registration, Shoreline FC is not permitted access to town fields (rostering out-of-town players). Renting our home facilities is a HUGE expense for the club. Shoreline FC charges a “Premier Fee” for every player that is a one-time payment that covers **everything** involved with playing for Shoreline FC (except the uniform). These ‘Premier fees’ differ for each age range (U7 – U10; U11 – U14 & U15 – U19). Please inquire with our Greenwich & N. Branford directors for the cost of each program.

Are there scholarship opportunities?

YES! We do have scholarship opportunities for players to play for the club whom otherwise could not afford to. We ask for a copy of your tax returns and description of your financial situation before a decision is made as to the percentage of scholarship awarded.

What does the uniform package consist of and how much is it?

Being an Adidas club, ALL our Shoreline FC attire is Adidas made. Our uniform package includes;

- Adidas HOME KIT (White Shirt, White Shorts, White Socks)
- Adidas AWAY KIT (Navy Shirt, Navy Shorts, Navy Socks)
- Adidas Game Day Tracksuit (Bottoms & Jacket)
- Adidas Training T-Shirt
- Adidas Training Hoodie (with number embrioded on the sleeve)
- Adidas Training Ball
- Adidas Backpack

The entire 12-piece Adidas set (embrioded & screen-printing included) costs under \$400!!

Do you offer programs in the summer?

Yes we do! In fact, our summer program is growing as fast as our premier soccer club.

- > **Local Day Camps**; for players to help develop their technical skill and play LOADS of soccer!
- > **Pro-Select ID Camps**; for teenagers who want to be coached by professional soccer players and see if they match up to Academy standards in the UK.
- > **Summer Tournament Teams**; for young players to continue training in a team environment and enter two FUN tournaments together (one being a beach tournament!!)
- > **Super Y Regional Program**; for Premier soccer players to compete at a Regional level throughout the summer months with the opportunity to qualify for the National Super Y Championships held in Florida in December. Shoreline FC boasts a **2015 BU16 NATIONAL CHAMPIONSHIP!** A great way to prep for coming Premier or High School season’s in the fall.

How do I contact Shoreline FC?

All relevant information on our programs and contact details can be found on our web site; www.shorelinefc.com OR call our office number: (203) 286-7802.

