



**LAKE VILLA TIMBERWOLVES  
&  
DAUNTLESS COMPANY,  
2-34 ARMOR**



**The Lake Villa Timberwolves will be collecting a variety of items for our soldiers who are currently deployed in Afghanistan. Please bring in as many items as you can to practices or games.**

**Suggested Snack Food & Miscellaneous Items**

All food items must be appropriately sealed / and prepackaged

**WHAT CANNOT BE SENT:** Pork products, Alcohol, Pornographic materials, liquid hand sanitizer, or Aerosol cans. Due to the extreme heat, chocolate is not mailed during the summer months.

**Canned Items**

Canned fruit  
Chicken and/or packs; pop-top  
Peanut butter / Jelly  
Sardines  
Tuna and/or packs (tuna in pouches are best)

**Condiments**

Cajun seasoning  
Catsup  
Garlic salt  
Honey packs  
Hot sauce  
Lawry's  
Mayo,  
Mustard  
Relish  
Salad dressings  
Salsa (don't forget the taco chips)  
Salt/pepper, sugar packets  
Spices  
Sweet N Low

**Ground Coffee / Tea / Hot Chocolate**

(if they have a coffee-maker),  
Cappuccino  
Coffee creamer  
Hot chocolate mixes  
Instant coffee  
Tea bags

**Microwavable Foods**

(if they have a microwave)

Mac & Cheese  
Popcorn  
Brownie mix  
Various mini dinners  
Instant oatmeal  
Instant soups / soups in pop-top containers

**Powdered Drink Mix Singles**

Crystal Light  
Gatorade  
Juice boxes  
Kool-Aid  
Propel, etc.

**Snacking Foods**

Beef Jerky / beef sticks, summer sausage  
Cheese spreads / small Velveeta cheese blocks  
Dry Cereal  
Chex Mix  
Chips  
Cookies  
Crackers for snacking  
Doritos  
Pudding cups  
Dried fruit  
Energy bars / Cereal Bars / high protein bars /  
Granola Bars  
Fruit pies  
Gum, Hard Candy wrapped (no chocolate in  
summer)  
Nuts (all kinds)

**Toiletries**

Advil, Tylenol, Cold/Cough drops, Sinus Meds

Antacids  
Antibiotic Cream (Neosporin)  
Anti-Bacterial Wipes  
Baby Oil, Baby Powder  
Baby Wipes  
Bath mat  
Bath/hand/wash towels (dark colors)  
Blankets for cooler weather  
Body Wash / soap (be sure to triple pack the soap and not put it near the food as it leaves the smell of soap on the food)  
Chapstick  
Clothes Pins/Line  
Contact Lens Cleaner  
Cotton Balls  
Dental Floss  
Deodorant  
Disposable hand and feet warmers  
DUSTING CLOTHS for removing the sand from everything and every surface  
Eye Drops  
Eyeglass Kit  
Face Soap  
Foot Inserts for boots  
Foot/Boot Powder  
Insect Repellent Wipes/ non aerosol spray with Deet (need in spring/summer)  
Imodium  
Laundry Soap / Fabric Softener  
Air Freshener  
Lotion for body and hand  
Mattress toppers  
Mirror  
Mouthwash  
Nasal Spray/Drops  
Packaged Wet Ones / baby wipes  
Pepto Bismol  
Pillow with pillowcase  
Pocket Size First-Aid Kit  
Puma Stones for feet  
Q-Tips

### **Suggested Clothing**

Hats, bandanna; Socks – white for PT; black for everyday wear with uniform.

**Men's** T-shirts and underwear (all sizes)  
BROWN or GREEN colors for the T-SHIRT if possible. Proper issued military t-shirts can also be acquired at Army Surplus stores.

**Women's** sports bras & panties (all sizes)

### **Suggested Fun Time Materials**

Balls: soccer ball, baseballs, basketballs, volley ball sets, football  
Batteries: AA- C -D -9 volt  
Beanie Babies or stuffed animals (new please)  
Board Games

Playing Cards  
CD Player with CDs / send batteries  
Dart Board with darts  
Disposable cameras  
DVDs (you can tape from television too)  
Electronic/Battery Hand held games (include batteries)  
Frisbee  
Greeting Cards they can send back home (variety)  
Mag flashlight bulbs,  
Mailing Envelopes (no stamps) / Pens with Stationary  
Magazines (all kinds)  
Mini Hand-held Fan or Water Misty fan  
Nerf Balls  
Packaged Poker Sets  
Plastic bowls, spoons, forks, knives  
PlayStation with games  
Puzzle Books/Word Find Books  
Sewing Kits  
Small flash light for reading at night  
Water guns  
X-Box with games  
Yo-Yo's  
Zip Lock Bags & Plastic lock containers for sealing leftovers and personal items  
Tooth Picks Tooth Paste / Tooth Brush  
Shampoo  
Sunscreen  
Sunglasses  
Toenail/Fingernail Clippers  
Toilet Paper  
Twin Fitted dark sheets  
Vitamins  
**Men:** Razors, Shaving Cream in a tube, aftershave lotion (no fragrance)  
**Women:** Panty Liners, feminine hygiene products, conditioner, brush/comb hair clips/bands, non-aerosol hair spray, hair gel