

GYFA  
Cheerleading Fast Facts

Commitment:

- ✓ During the month of August there are 8 afternoon practices. These are held two weeks in a row, Monday to Thursday, beginning around the 3<sup>rd</sup> Monday in August, running from 5:30 p.m. to 7:30 p.m., with a shorter practice for our Mite Squad
- ✓ During the Football Season, weekly Football Halftime Performance Practices are held on Thursday evenings, starting at 6 p.m. and run for 1 hour. Times depend on age of your cheerleader
- ✓ Optional Competitive Experience Practice: Tuesday evenings 6 p.m. to 8 p.m. and Thursdays after 7 p.m. for older squads. Our Mite Squad practice is 6 p.m. to 7:30 p.m. on Tuesdays.
- ✓ Game day – SUNDAY! Games last about 2.5 hours and participation is mandatory. Start times are any of the following: 9 a.m., 11 a.m., 1 p.m. or 3 p.m. Some travel may be required as games are scheduled by town. There are roughly 8 games per season depending on team standings

GYFA Cheer Uniform Provided For New Cheerleaders:

- ✓ Uniform (to be returned in excellent condition at the end of the season)
- ✓ Two hair bows, one white and one pink (for the month of October)
- ✓ Pair of Poms
- ✓ Pair of navy gloves
- ✓ Pair of cheer socks
- ✓ Competition T-shirt

GYFA Cheer Uniform Provided For Returning Cheerleaders:

- ✓ Uniform (to be returned in excellent condition at the end of the season)
- ✓ Pair of cheer socks
- ✓ Competition T-shirt

Additional Requirements:

- ✓ Bodysuit (for Mighty Mite Squad)
- ✓ Cheer sneakers
- ✓ Briefs for game days, worn under the uniform

Optional Gear:

- ✓ Mid-weight jackets
- ✓ Rain pants
- ✓ Various sports apparel emblazoned with the GYFA logo

General Expectations:

- ✓ We expect that your daughter will have an amazing time! She will make friends, try new things, build confidence, and learn an exciting new sport!
- ✓ Parents will be supportive of our volunteer coaches including being on time to games and practices, consistently communicating in a timely manner any missed time by your cheerleader, and agree that no special requests may be made on behalf of your child

Sign-ups will start in May! Be sure to log onto [www.GYFA.com](http://www.GYFA.com) for updates!