



# JR. STARS FALL SEASON PROGRAM GUIDE

## SAFETY POLICIES

ProSkate will adhere to new safety standards within our facility. Both players and family members will have their temperature taken upon arrival. There will not be locker rooms open for use, but there will be designated spaces available for skaters to get their skates on.

We have several hand sanitizing stations in the arena, and players will be prompted to stay separated as much as possible when inside the rink. On the ice during practices, our coaching staff will adhere to USA Hockey drills that promote players spreading out.

## SESSION TIMES

### Wednesday Sessions

**Mites** – 6:00pm to 7:00pm

**Squirts** – 6:00pm to 7:00pm

**Peewee** – 7:15pm to 8:15pm

**BNMGT** – 7:45pm to 8:45pm

### Saturday Sessions

**Mites** – 10:00am to 11:00am

**Squirts** – 7:45am to 8:45am

**Peewee** - 8:45am to 9:45am

**BNMGT** - 12:15pm to 1:15pm

### Sunday Sessions


**Mites** – 9:00am to 10:00am

**Squirts** – 10:00am to 11:00am

**Peewee** – 12:15pm to 1:15pm

**BNMGT** – 1:15pm to 2:15pm

## CONTACT

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## PROGRAM NOTES

- First days are Sept 9<sup>th</sup>, 12<sup>th</sup> & 13<sup>th</sup>.
- Each practice is 1 hour, players can attend all 3 practices a week.
- No games on Sundays (practices). We will designate time in practice for small games.
- Make sure to bring your own labeled water bottle, no water fountains available.

## USA HOCKEY

### USA Hockey Registration

All players are required to have a valid 20-21' USA Hockey Membership. These are good for 1 year and expire in August 2021.

### Need a USA Hockey Registration?

Visit [www.usahockeyregistration.com](http://www.usahockeyregistration.com)