

EAGLES OFFENSIVE LINE CAMP

RON WOITALEWICZ – CAMP DIRECTOR

- HEAD FOOTBALL COACH DAKOTA RIDGE HIGH SCHOOL
- 34 YEARS HIGH SCHOOL EXPERIENCE
- 12 ALL STATE OFFENSIVE LINEMAN

MATT OSTERHAUS – CO-CAMP DIRECTOR

- OFFENSIVE LINE COACH DAKOTA RIDGE HIGH SCHOOL
- 17 YEARS EXPERIENCE COACHING HIGH SCHOOL OFFENSIVE LINE
- 15 STRAIGHT YEARS OF HAVING A 1ST TEAM ALL CONFERENCE LINEMAN
- HAS COACHED 9 1ST TEAM ALL STATE OFFENSIVE LINEMAN SINCE 2004.

FOR:

- ANY ATHLETE INTERESTED IN PLAYING OFFENSIVE LINE IN FOOTBALL
- GRADES: 4-7

WHEN:

- MONDAYS BEGINNING APRIL 1, 2019 – MAY 20, 2019
- 8 ONE HOUR SESSIONS
- 6:00 – 7:00 P.M.

WHERE:

- DAKOTA RIDGE HIGH SCHOOL (FOOTBALL FIELD OR GYM)
- C-470 AND BOWLES

COST:

- \$100.00
- CASH OR CHECKS PAYABLE TO: **(DAKOTA RIDGE EAGLES)**
- PAY ONLINE AT WWW.DAKOTARIDGESPORTS.ORG

CAMP OBJECTIVE:

TO OFFER QUALITY INSTRUCTION IN THE AREA OF OFFENSIVE LINE PLAY WITH A FOCUS ON STANCE, STARTS, PULLS, DRIVE BLOCK, DOUBLE TEAMS, PASS PROTECTION.

CAMP FEATURES:

- POSITIVE REPETITIONS FOR OFFENSIVE LINEMAN
- BREAKDOWN AND INSTRUCTION OF OFFENSIVE LINE MECHANICS
- WORK ON PADS AND BLOCKING DUMMIES.
- EXCELLENT CHANCE FOR PARENTS TO SEE KIDS IN ACTION DURING CAMP.

WHAT TO BRING:

- **HELMET AND SHOULDER PADS**
- **SHORTS, PRACTICE JERSEY, CLEATS, TENNIS SHOES**

NAME: _____

ADDRESS: _____

PARENT'S NAME: _____

PHONE: _____

E MAIL: _____

AGE: _____

**PLEASE FILL OUT THIS PORTION AND RETURN WITH YOUR PAYMENT BY APRIL 1, 2019
YOU MAY REGISTER THE FIRST DAY OF CAMP BEGINNING AT 5:30 P.M.**

YOU MAY ALSO PAY ONLINE AT WWW.DAKOTARIDGESPORTS.ORG

MAIL TO:

**RON WOITALEWICZ
11763 WEST BELMONT DR.
LITTLETON, CO 80127**

QUESTIONS:

**RON WOITALEWICZ (COACH WOJ)
720-838-3931
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