

Instructors:

Jim Rines Extreme Lead Instructor
Bruce Addison Plymouth State University
Lee Makris Catching/Hitting Instructor
Dick Albert Pitching/Hitting Instructor
Tim Bill Softball Pitching Instructor
Mike Marschok Baseball Instructor
Derik Comtois Hitting/Throwing Instructor

Services

Team Training
Cage Rentals \$15. 1/2 hr. — \$25. 1 hr.
With Pitching Machine \$20. 1/2—\$30 1 hr.
Facility Rental Non Profit \$85.00 per hr.
Facility Rental Rate \$ 105.00 per hr.
Individual Lessons \$30. 1/2 hr. \$60. 1 hr.
Group Lessons
Beginners-Intermediate-Advanced-Elite
Camps-Clinics
Coaches Clinics
Player Testing Evaluations
Player Videos
College Showcase Events
*Inquire for Pricing

New England Extreme
Our Facility is located
River View Mill
at 19 Howard St.
Wilton NH 03086

For More Information:

Contact

New England Extreme Sports Training
(603) 654-6740
(603-244-6012)
(603-244-6013)

Web Site

www.neextremesportstraining.com
email : diamondgemsfastpitch@juno.com

2017/2018 HOURS

Business Hours M-F 3:00-9:00 PM
Saturdays 8:00-3:00 PM
Sundays appointment only



4 Full cages
3 Baseball Pitching Machines
6 Softball Pitching Machines
Pitching mounds and mats

Become an Elite Player Faster
Than Your Competition!
Put in the Extra Work With
Professional Coaches!

Call or Email Now to Book
Your Fall and Winter
Lessons! Limited Spaces
Available.

Programs

Pitching Lessons :

- * Teaching Proper Mechanics & Fundamentals
- * Arm action-Wrist Snap-Follow Through
- * Balance-Wind Up-Delivery-Leg Drive
- * Spins -Getting the hitter out- Location
 - * Drills & Skills

FASTPITCH SOFTBALL OR BASEBALL PLAYERS

Extreme Power Pitching Classes

1 hour—6 weeks \$180.00 per player (3) MAX

Extreme Power Hitting Classes

1 hour- 6 weeks \$180.00 per player (3) MAX

Extreme Catching Classes

1 hour—6 weeks \$180.00 per player (3) MAX

Advanced Group Hitting classes

1 hour-6 weeks \$180.00 per player (3) MAX

Advanced Group Catching Classes

1 hour- 6 weeks \$180.00 per player (3) MAX

ALL CLASSES BEGIN MONDAY SEPTEMBER 11

Individual Lessons

Monday- Friday 3:00-9:00 pm

- Hitting Lessons - Catching Lessons
- Throwing Lessons - Fielding Lessons
- * Pitching Lessons—Out Field Instruction

\$30 1/2 hour sessions

\$60 1 hour session

Contact Jim Rines for more information at:

(603) 654-6740 or diamondgemfastpitch@juno.com

Order Form

Player Name _____

Parent Name _____

Best Email _____

Best Phone _____

Team _____

Age _____ Total Cost _____

Make checks payable to NE Extreme Sports Training.

Mail to P.O. Box 486 Londonderry, NH 03053

“STEP-CATCH-THROW”

Learn the sound fundamentals and mechanics of catching-receiving and throwing the ball with professional drills ,instruction that will help the athlete throw the ball harder and more accurately .

1 hour 6 weeks \$180.00 per player (6) MAX

“AROUND THE HORN”

Lear proper fielding mechanics, foot work around the bases , glove position , stance ,angles to the ball , ball transfer,quick snap throws.

1 HOUR 6 WEEKS \$180.00 per player (6 MAX)

“SLAP HITTING”

Learn the proper foot work ,bat an- gle ,stance ,timing and rythmn with our up to date fundamentals and skills.

1 HOUR 6 WEEKS \$180.00 per player (6Max)

ALL CLASSES BEGIN SATURDAY SEPTEMBER 16

BETWEEN 9:00 AM AND 3:00 PM