

Santa Cruz Warriors Youth Lacrosse Player/Parent Contract for Return to Play

Return to Play Protocols

Introduction

The Santa Cruz County Lacrosse Association is providing these **Return to Play Protocols** to help families and players understand the new rules and regulations that must be followed as we return to playing lacrosse. Please be assured that we are constantly monitoring the situation and are making the necessary preparations to return our players to the field as safely as possible.

This Contract is based on current CDC, CA State, and Santa Cruz County guidelines as well as regulations by local municipalities regarding field usage. These regulations and guidelines are subject to change at any time. Warriors Lacrosse will continue to update these protocols to reflect the most current guidance governing recreational youth sports programs. Updated protocols will be sent to all families and available upon request.

By signing this current contract, you are agreeing not only to abide by the guidelines as stated below, but to any future changes in the protocols.

We realize that some players may be anxious or have questions about returning to play. Please share these protocols, as appropriate to their age, with your players. It might be helpful to share this CDC video that highlights some of the basic safe practices - <https://youtu.be/LMBzjaVRChY>. US Lacrosse has also published these guidelines for [Returning to Play](#).

If you have any questions or concerns about these protocols, please contact our Covid-19 Supervisor, Richard Yee at ryee_98@yahoo.com.

Player/Family Responsibilities

1. Each parent or guardian and player must sign the Parent/Player Contract and the Waiver Forms before being allowed to return to practices.
2. Parents must perform a health and temperature check of their player prior to attending each session. Players must not attend any training sessions if they are feeling sick, are less than 100% healthy or have any of the following symptoms:
 - Fever or Chills
 - Cough

- Shortness of breath/trouble breathing
 - Night sweats
 - Sore throat
 - Muscle/body aches
 - Loss of taste or smell
 - Headache
 - Congestion or Runny Nose
 - Diarrhea
 - Nausea or Vomiting
3. All players will be required to complete a health and safety screening check at the entry point to the fields prior to each training session.
 4. Coaches and parents are required fill out the [Warriors Lacrosse Confidential Reporting COVID-19 Symptoms or Exposure Form](#) if a player who is attending or has attended a session has been determined to have a fever (100.4 degrees or greater), COVID-19 symptoms (as listed above), or close contact with a sick individual or anyone with a positive COVID-19 test result. *(You only need to fill out the form if your player is ill or had contact with a sick individual. You do not need to fill it out if the player is well.)*
 5. Players must wait in the car until previous teams have left the field. Players should not arrive early. Players must arrive and depart at specific predetermined locations at each field *(Maps will be sent to families for specific fields when the field schedules are released)*.
 6. All players must wear a mask or face covering while entering and exiting the field. Coaches will be required to wear masks throughout the practice. Face coverings/masks are not required for players while training.
 7. If your player has a condition that would exempt them from wearing a mask while entering and exiting the field, they must wear a face shield as per the CA State guidance. See link below for more information: https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/COVID-19/Guidance-for-Face-Coverings_06-18-2020.pdf
 8. After check-in, players will place their bag, water bottle and equipment in its designated location at least six feet apart from teammates' gear.
 9. Players should wash or sanitize their hands immediately before, during, and after practice. To minimize sharing of items and reduce possible transmission, we strongly encourage all players to bring their own hand sanitizer with at least 60% alcohol. Hand sanitizer will also be available field-side, in the event a player forgets or runs out of personal hand sanitizer.

10. Parents, friends, and spectators are not permitted on the field at any time while practices are in session; only players, coaches, and Warriors Lacrosse staff will be allowed on the field. We request that parents wait inside cars if they choose to remain at the field and not to congregate outside the field.
11. Players must bring their own filled water bottle and may not use the water fountains or faucets at the fields. Players may not share water or snacks with other players or coaches.
12. No physical contact with other players or coaches including high-fives, huddles, handshakes, hugs, or group celebrations.
13. Use the restroom at home prior to coming to practice. Public restrooms may or may not be open at the discretion of the towns and should be used only in the case of emergency.
14. Players will bring their own equipment (no shared use at this time). This will include cleats and full lacrosse gear. Players should only touch their own equipment. Players should not touch the coach's equipment. Coach equipment will be sanitized between practice sessions.
15. Carpooling players to practice at this time is strongly discouraged if you are not part of the same household to help protect the cohort groups and to maintain physical distance between people outside your household.
16. If at any time the player does not feel well, they must let the coach know immediately. We understand that returning to play after such a long hiatus may mean some players are more easily winded or exerted. If your player feels ill, they must tell the coach and take a short break. If it does not pass, you may be called to pick up your player.
17. Players are expected to follow the coach's safe distance instructions. Players must maintain physical distancing of at least 6 feet while at any practice area or soccer field. Warriors Lacrosse will clearly mark zones in the field for each player to assist them in understanding their personal boundary zones. The team must remain in their designated area and cannot intermingle with other groups at the same field.
18. Blatant disregard for or violations of the physical distance policy or any actions that jeopardize the health and safety of other participants will be taken seriously. Coaches will have the right to appropriately discipline players who do not follow policies. In cases of serious repeated infractions, the player may be dismissed by the coach from that session. Parents will be called to pick the player up immediately. Continued repeated violations will be referred to the Warriors Lacrosse senior staff for arbitration and disciplinary action and may lead to a suspension or dismissal for the remainder of the season without a refund.
19. If your player presents with any of the Covid-19 symptoms at home or is asked to leave practice for exhibiting symptoms but does not have Covid-19, you must be symptom free for 72 hours before allowing your player to return or provide dated documentation

of clearance for return to play by a medical doctor or documentation of permission to return to school. Please submit this documentation to our Covid-19 Supervisor, Richard Yee at ryee_98@yahoo.com.

20. If your player, member of the household, or close contact is presumptive positive or tests positive for Covid-19 they will not be allowed to attend further training sessions until they have followed the county health officials guidance for quarantine and isolation. Please see the Covid-19 Safety Procedures & Protocol Manual for further guidance.
21. If your player, member of the household, or close contact is presumptive positive or tests positive for Covid-19, after completing the mandatory Santa Cruz County isolation guidelines, the parent or guardian must provide one of the following three forms of return to play clearance documentation: 1) letter from a medical doctor, 2) documentation of permission to return to school, 3) evidence of a negative Covid-19 test result. Please submit this documentation to our Covid-19 Supervisor, Richard Yee at ryee_98@yahoo.com

Execution of Warriors Lacrosse Parent/Player Contract

By signing below, you agree to help county officials with any contact tracing efforts that arise from a possible Warriors Lacrosse exposure to limit the spread of the virus within the club and county.

By signing below, you are attesting to have read the protocols above and agree to abide by these requirements and all future changes to the policy as mandated by the county or state or local municipalities.

By signing below, you agree that any repeated violations of this contract will be arbitrated by the Warriors Lacrosse senior staff, whose decision will be binding.

Thank you so very much in advance for helping us create a safe environment where your player can return to Warriors Lacrosse, train at a high level, and enjoy reuniting with their coaches and teammates, albeit 6-feet apart.

(Player Signature)

(Date)

(Parent/Guardian Signature)

(Date)

(Print Name, Player)

(Print Name, Parent/Guardian)

(Address)

(City)

(Phone Number)