



14th Annual BRUIN BASEBALL CAMP



2018 Summer Sessions

SPONSORED BY THE LAKE BRADDOCK ATHLETIC BOOSTER CLUB

Future Stars Little League Camp

Ages: 7-12

Times: 8:00 - 2:00

Cost: \$175

2 sessions \$325 (\$25 discount!)

4 sessions \$600 (\$100 discount!)

6 sessions \$875 (1 week free)

Dates:

Session 1: 6/18-6/22

Session 2: 6/25-6/29

Session 3: 7/2-7/6 (4 days only! \$140)

Session 4: 7/9-7/13

Session 5: 7/16-7/20

Session 6: 7/23-7/27

Bruin Varsity Prospect Camp

Ages: 13-16

Times: 9:00 - 1:00

Cost: \$240

Dates: 6/27-6/29 & 7/18-20 (6 days total)

Bruin Varsity Prospect Camp

The camp will focus on the development of advanced skills required to play the game at the varsity/college level. We will focus on offensive and defensive skills, baserunning and situational baseball. Games will be played each day following positional/skill development work. There will be a 5 to 1 instructor to player ratio. Each day at 11:00 there will be a brief lunch break. The players are responsible for bringing their own lunch from home. Everyone will receive a **camp tshirt**.

About the Future Stars Camp:

We will provide over **25 hours of hands on instruction** through skill/position stations and game play. Emphasis will be on the **development of fundamental skills:** hitting, throwing, fielding mechanics, base running & pitching. All players will be divided into **age level/skill level leagues** the first day of camp to provide the best possible instruction. An **excellent camper/staff ratio** will provide the quality instruction and learning experiences needed to become a better player. Each day at 11:30 there will be a brief **lunch break**. The players are responsible for bringing their own lunch from home. **There will be a 4 to 1 player to instructor ratio.**

Camp Staff:

Head Coach Jody Rutherford

(17yrs coaching exp./13 seasons as head coach/former GMU player)

Assistant Varsity Coach John Thomas

(14seasons of high school coaching experience/former UVA player)

Former Assistant Varsity Coach Chris Custis

(10 years of coaching experience/former Elon College player)

Garett Driscoll, George Mason University

Alex Gransback, Virginia Commonwealth University

****Other instructors include Lake Braddock Varsity Players****

Facilities:

The Lake Braddock Baseball Field is among the finest in the Northern Region. Lake Braddock is one of the first schools to switch to a new bermuda grass playing surface. Other features include two new 70ft batting cages and a spacious hitting drill area. We also have two 60ft diamonds available for use during the little league camps.

Inclement Weather Policy:

Bruin Baseball Camp reserves the right to postpone any camp due to inclement weather or unforeseen scheduling conflicts. In the event of bad weather, campers should check lakebraddocksports.org for schedule changes and camp cancellations. All changes in schedules will be announced at least one hour prior to camp start time. If camp is postponed, it will be made up at the earliest convenient day and time. If a make-up date is unavailable, credit in the amount equal to one day of the cost of the camp will be issued. This credit may be used for any future camp.

BRUIN BASEBALL CAMP REGISTRATION FORM

MAIL ALL FORMS TO:
LAKE BRADDOCK SECONDARY SCHOOL
ATTN: BRUIN BASEBALL CAMP
9200 BURKE LAKE RD
BURKE, VA 22015

PLAYER NAME: _____ AGE: _____

ADDRESS: _____

EMAIL ADDRESS: _____

HOME PHONE: _____ EMERGENCY PHONE: _____

PLEASE CHECK THE SESSION(S) YOU WILL BE ATTENDING:

FUTURE STARS LITTLE LEAGUE CAMP

BRUIN VARSITY PROSPECT CAMP

Session 1: 6/18-6/22 _____

6/27-6/29 & 7/18-20: _____

Session 2: 6/25-6/29 _____

Session 3: 7/2-7/6 _____

Session 4: 7/9-7/13 _____

Session 5: 7/16-7/20 _____

Session 6: 7/23-7/27 _____

AMOUNT ENCLOSED: \$ _____

****MAKE ALL CHECKS PAYABLE TO THE LAKE BRADDOCK ATHLETIC BOOSTERS OR LBABC****

Medical Consent

I hereby state that my child is in good health and has my permission to participate in all Bruin Baseball Camp activities. I agree to release the high school, coaches and players from any and all liability. I understand that my child is required to carry personal medical coverage.

Signature: _____ Date: _____

QUESTIONS????QUESTIONS????QUESTIONS????
CONTACT JODY RUTHERFORD (703)869-3473 OR EMAIL JWRUTHERFORD@FCPS.EDU