

FSBL Covid-19 Policy

(This policy is subject to change without notice)

Introduction

Farmwell Station Basketball League is committed to ensure the safety and well-being of the players, parents, coaches, officials, Board Members and PRCS staff that support the league. Farmwell Station Basketball League is also committed to provide a recreational basketball environment following the local, state and federal guidelines pertaining to the COVID-19 pandemic. With this in mind, Farmwell Station Basketball League is making the following changes outlined in this document that will be in effect for the 2020-21 season

Each Player will be required to bring a backpack to every FSBL event. The backpack should contain a water bottle, a plastic storage bag for their face mask / face shield and any medicine they may be required to take such as an inhaler. For practices only each player must also bring their own basketball. The backpack should have a piece of masking tape on it with the players name written on the tape using a permanent marker. Players will not be allowed in the facility without their backpack. In addition, each player must have a signed copy of "Player Health Screening Questionnaire" or be accompanied by adult family member. (someone 18 yo or more)

In order to be cleared for participate in Farmwell Station Basketball League, the Board Members, officials, coaches, parents and players must agree to complete a health screening questionnaire and submit to a temperature check. (described in Appendix A) If any participant does not meet the criteria to safely participate, the player and parent must sit out of a scheduled activity until all the evaluation criteria are met. If it is determined that false or misleading answers to any of the questions were provided then you and your family will be expelled from the league with no refund.

Players, parents, coaches, FSBL BOD members will enter gyms through one designated door and exit through another designated door at the facility. Players have a specific window of time to arrive and depart FSBL events. Players who arrive more than five (5) minutes after the start of a practice or game will not be permitted entry to the facility. Players and Parents must adhere to these procedures, and no exceptions will be permitted.

Covid19 - Team Manager

Each team will be required to designate an adult volunteer to be the Covid-19 Team Manager to work the Covid-19 check-in desk.

The Covid-19 Team Manager must attend games as well as practices. In the event that the Covid-19 Team Manager is not present for a practice or game the team will forfeit the practice or game.

The COVID-19 Team Manager will be responsible for collecting information and completing the online Daily Team Report form. In the event the form is not completed by midnight the day of the event the team will forfeit its next event.

Each team manager will be required to complete an online Covid19 training course before the season begins.

Health Screening Day of Operation

Each person who desires to enter a county facility or school gym will submit to a temperature check and complete a health screening questionnaire. If you do not adhere to the requirements you will not be admitted to the facility or school. If your child has been sick during the week then he/she should not come to practice or game. If any participant does not meet the criteria to safely participate, the player and parent must sit out of a scheduled activity until all the evaluation criteria are met.

Contact Tracing

The COVID-19 Team Manager will be responsible for taking attendance at the Farmwell Station Basketball League (FSBL) event. The Daily Team Report form, located on the FSBL website, must be submitted online no later than midnight the day of the scheduled event. Any absences from the practices must be documented with a reason for the missed practice, regardless of the reason for the absence.

Report Positive Test of Covid-19

All Farmwell Station Basketball League participants must agree to report any COVID-19 positive test results so that Farmwell Station Basketball League can complete precautionary contact tracing. Due to the sensitivity and health privacy laws, an online reporting form will be made available and sent directly to the Farmwell Station Basketball League Commissioner. The Commissioner will be responsible for maintaining the privacy of the individual who has tested positive and will use the Daily Team Reports to provide notifications to any participants who may have been exposed to the participant that tested positive. (the form letter to notify participants of a positive test result can be located on the FSBL website) The participant that tests positive for COVID-19 will be prohibited from participating in Farmwell Station Basketball League activities for a minimum of fourteen (14) calendar days. If the player can provide proof of a negative test he/she may return sooner than 14 days. The Farmwell Station Basketball League Commissioner will be responsible for documenting and tracking these cases. The Farmwell Station Basketball League Commissioner will use the tracking form to track these cases. This information will remain confidential and will not be shared with anyone. (The Tracking Form can be located on the FSBL website)

If a player reports contact with a person who has covid-19 or tests positive for covid-19 then all the people he has come in contact with who were not wearing a mask must self-quarantine for fourteen (14) days.

Cleaning Procedures

All facilities will be stocked with cleaning supplies. The COVID-19 Team Manager is responsible for wiping down common, high-touch areas prior to, and during events. High touch areas include the bench/seating area, game ball (during games), entry/exit door handles, etc. For games, the scoreboard console and scoring table must be wiped down between games. The game ball must be cleaned at every quarter break, and at a stoppage close to the halfway point of each period.

Mask Requirements

All participants, spectators, if allowed, and officials are required to wear a face mask / face shield when entering and exiting the building.

- All game spectators, if allowed, are required to wear a face mask / face shield at all times when inside the facility. Face Masks / face shields can be temporarily removed to take a drink of water.

- All coaches, assistant coaches and COVID-19 team managers are required to wear a face mask / face shield at all times inside the building, and outside the building when in close contact (less than ten (10') feet from a player, parent or official.
- All officials will be required to wear a face mask /face shield when entering and exiting a building, and during the pregame interactions with players, coaches and scorekeepers at the scoring table.
- The PRCS attendant, coach, assistant, COVID-19 Team Manager or Board Member reserves the right to remove a participant or spectator from the building who are not following the face mask / face shield requirements and social distance protocol. If necessary, the LCGO will be contacted.

Facility Restrictions

- All players must bring their own backpack that contains a water bottle, a plastic bag to place their face mask / face shield in, their own basketball (practices only), required medicine, and any other equipment needed for the day. No sharing of water bottles or equipment will be permitted. Players will not be allowed in the facility without a backpack.
- Use of water fountains is prohibited - Participants are encouraged to limit the use of the restrooms while at the facility. Parents should encourage the players to use the restroom before going to practice to try and limit the need to use the restrooms at the facilities. Restrooms are cleaned once a day so you choose to use the facility at your own risk.
- All participants must strictly adhere to the Entry and Exit procedures outlined in the Practice Procedures and Game Procedures.
- Anyone entering the facility must be wearing a face mask / face shield and use hand sanitizer.
- During practices, only the Team, Coach, Assistant Coach, and COVID-19 Team Manager are permitted in the building. All other parents, siblings, and others MAY NOT enter the building.
- During games, everyone permitted in the building must check in with their team's COVID-19 Team Manager to record their attendance at the game.
- All spectators, if allowed, will be required to maintain social distancing between families. The Facility Attendant and COVID-19 Team Managers will monitor spectators, if allowed, to assure compliance with this policy. Everyone will follow the directions / Instructions given by the facility attendant, Covid-19 Team Manager and/or a FSBL BOD member. If necessary the LCSO will be contacted.
- If spectators are allowed only one (1) caregiver/adult family member per player.

Team Composition

- Teams will be permitted to have a maximum of two (2) coaches at practices and games. Coaches may make a request to FSBL BOD for an exception to have additional coaches.
- Teams are permitted to designate a substitute assistant coach to fill in when coach or the assistant is not available.
 - Teams will be required to designate a COVID-19 Team Manager. Teams may assign alternates or sharing of those duties if desired.
 - Most Teams will have a minimum of eight (8) players and a maximum of ten (10) players to ensure that each team has an ample number of players for practices/games while limiting the number of participants in the gym.

Travel Tryouts and Pre-Season Player Evaluations

- Weather permitting, Check-in will be outside of the building.
- Players will be checked in by a Covid-19 Team Manager.
- Anyone entering the facility must use hand sanitizer.

- Signups will be implemented to keep the maximum number of participants per gym to thirty (30) or fewer, including the staff working the skills stations.
- Markings for players to stand may be in place to enforce the social distancing guidelines.
- Players must bring a backpack that contains their water bottle, plastic storage bag for their face mask / face shield and any medicine they are required to use. Players must bring their own Basketball. Other equipment will be cleaned and sanitized between uses. Players will not be allowed in the facility without a backpack, face mask / face shield and a basketball.
- Players will display skills in Dribbling, Layups, Free Throws and Passes and scrimmages.
- The flow of the assessment will be one way to prevent any cross-traffic. There will be a single entrance and a separate single exit.
- Parents will not be permitted in the building for tryouts and evals. Board Members will be assigned shifts to minimize the number of people in attendance.
- Face Masks / face shields and gloves will be required by all the Contractor Staff and Board Members working the Assessments - Players will need to wear a face mask /face shield for check-in and while waiting between stations; players can optionally remove their mask while they are doing the specific skill assessment.

Practice Session Procedures

1. Two teams per gym will be assigned for practices. Practices will be scheduled one per week.
2. Weather permitting, coaches will meet their teams outside of the building entrance, line their players up with the required distance. Players may not enter the building until the coach arrives.
3. Participants must arrive no earlier than five (5) minutes prior to the start of the session and no later than five (5) minutes after the start of the session. If the player arrives more than five (5) minutes late, they will not be permitted to practice and will be marked absent from practice.
4. All participants must wear a face mask / face shield when entering and exiting the building, and when travelling to and from the restrooms. Coaches, Assistant Coaches and COVID-19 Team Managers must wear a mask at all times.
5. Players will bring a backpack to practice. Players will not be permitted in the facility without a backpack. The backpack should contain a water bottle, (water only – no other liquid or food) a plastic storage bag to place their face mask / face shield in and any applicable medicine the player may need. Use of the water fountains will not be permitted. Players are not permitted to share their water bottles or their basketballs at any time.
6. Anyone entering the facility must use hand sanitizer.
7. Players will be given a designated area to put their backpack and equipment bag.
8. All players must bring their own basketball for practice sessions. Shared use of equipment will be permitted on a limited basis during practice sessions.
9. Only two (2) coaches and the COVID-19 team manager are permitted to accompany the players into the gym. All other parents and siblings are not permitted to enter the gym during practice.
10. The COVID-19 Team Manager will ensure that attendance is taken and ensure that the player, coaches and the Team Manager has completed the health screening questions prior to entering the building. If the Covid-19 Team Manager is not present then the team will forfeit the practice.
11. Coaches and players will enter the gym no earlier than five (5) minutes prior to the start of their practice session. The PRCS attendant will only allow teams to remain in the gym after the PRCS attendant has verified that the COVID-19 team manager has checked in all participants.
12. The COVID-19 Team Manager will remain in the staging area until five minutes after the start of the session to check in any participants who arrive late. No one will be permitted in after the five (5) minute grace period.
13. Once all the players have arrived, or if it is five minutes past the start of the session, the COVID-19 team manager will proceed to the gym and monitor the remainder of the practice.

14. The gyms may be equipped with floor marking discs. All players and coaches will practice social distancing of 6' or more when not engaged in an activity.
15. The Coaches and COVID-19 Team Manager will monitor to ensure players practice social distancing during the practice session
16. Scrimmage games are permitted during practice sessions.
17. Coaches should make every effort to limit the time that players are not able to practice social distancing.
18. Teams will be required to end the practice session on time. At the conclusion of the practice, the team must exit the building in an orderly manner immediately following practice. No post-game conversations. The COVID-19 Team Manager will be responsible for timekeeping during practice.
19. Team huddles are strictly prohibited. Coaches must address players while all participants practice social distancing.

Game Day Procedures

1. Participants may not enter the building sooner than five (5) minutes prior to the start of the game. The Coach or COVID-19 Team Manager will ensure that the gym is cleared prior to the teams entering the facility. If the Covid-19 Team Manager is not present the team will forfeit the game.
2. All participants must wear a face mask / face shield when entering and exiting the building, and when travelling to and from the restrooms and when seated on the bench. Coaches, Assistant Coaches, COVID-19 Team Managers and Spectators must wear a mask at all times.
3. Players will bring a backpack to the game. Players will not be permitted in the facility without a backpack. The backpack should contain a water bottle, (water only – no other liquid or food) a plastic storage bag to place their face mask / face shield in and any applicable medicine the player may need. Use of the water fountains will not be permitted. Players are not permitted to share their water bottles at any time.
4. The COVID-19 Team Manager will ensure that attendance is taken and ensure that the players, coaches, spectators have completed the health screening questions prior to entering the building.
5. Anyone entering a facility must use hand sanitizer.
6. Participants will proceed directly into the gym and check in with their team's COVID-19 Team Manager (this includes spectators if they are allowed)
7. Players will be given a designated area to put their backpack and jackets. The Coach, Assistant, and COVID-19 Team Manager will monitor to ensure players practice social distancing while not participating in the game.
8. Bench area seating will be arranged to provide for social distancing.
9. Players are prohibited from bringing their basketball to the game. Coaches will have a basketball that can be used for warm-ups. Only one basketball per team will be allowed.
10. Players must wear their face mask / face shield when seated in the bench area (when they are not in the game).
11. There will be one or two scorekeepers at the scorer's table for the game who will be controlling the scoring panel and keeping the book. The Scorekeeper/clock operator is required to wear a face mask / face shield at all times. (except if taking a drink of water)
12. We will use individual score sheets for games this season. In the event that scorekeepers are not available for the game, each team's assistant coach will be responsible for tracking playing time, points and fouls for the game using the game sheet that is located on our website. The game sheet must be printed out and used for the game. Players who have received five fouls will be disqualified. Coaches must have documentation if disputes arise.
13. Game referees WILL NOT resolve disputes on playing time. Playing time complaints must be filed within 24 hours to the applicable Deputy Commissioner.

14. Game referees can adjudicate any discrepancies on player and team fouls or points not recorded during a stoppage of play if requested by either head coach.
15. Game Referees will coordinate with PRCS Staff to clean and disinfect the game ball between quarters, and at a stoppage of play closest to the halfway point of the quarter.
16. The covid-19 Team Manager will clean/disinfect the scoreboard console and game ball between games
17. Spectators, if allowed, must bring their own chairs. Use of the bleachers is prohibited.

Orderly Exit Procedures following games:

1. Immediately following the conclusion of the game, the COVID-19 Team Manager is responsible for the orderly exit of the players, coaches and spectators. (if they are allowed)
2. Spectators, if allowed, will remain in their seats until the conclusion of the game and then exit the facility immediately. Players will gather their backpacks and jackets at the conclusion of the game and immediately exit the gym.
3. The coaches and Covid19 Team Manager should be the last to leave the Gym after performing the required cleaning.

Health Screening Questionnaire

The following questions will be asked to gain access to any county facility

1. Your temperature will be taken. You will not be allowed to participate with a temperature of 100oF or higher
2. Have you experienced a fever during the last three (3) days???
3. Have you experienced any type of muscle aches during the last three (3) days???
4. Do you have a cough, shortness of breath, or a sore throat???
5. Are you experiencing gastrointestinal symptoms such as diarrhea, nausea or vomiting???
6. Do you have a runny nose, stuffy nose or have you experienced loss smell or taste???
7. Have you traveled outside the DC, Maryland, Virginia or West Virginia area in the last fourteen (14) days???
8. Have you come in contact with anyone having a confirmed case of Covid-19 in the last fourteen (14) days???
9. Have you come in contact with anyone who is suffering from any type of respiratory illness in the last fourteen (14) days???

If your answer is “YES” to any of these questions you will not be allowed to participate in FSBL events.

You cannot return to league activities until you can answer “NO” to all the questions.

If it is determined that you provided false information when answering the questions, you will be expelled from the league immediately. No refunds are provided for this expulsion.

Daily Team Reporting Form

This form will need to be completed online by the Covid-19 Team Manager

1. Team Name
2. Age Group
3. Gender
4. Coaches names

5. Covid-19 Team Manager Name
6. Date / Time of event
7. Names of players in attendance
8. Indicate status of all players whether they attend the event or not
9. Location of event
10. Was this a practice or game???
11. Opposing Team name
12. Opposing team Covid-19 Team Manager name

Notification Letter regarding positive Covid-19 case

Form letter will be sent to all affected persons.

Covid-19 Cases Tracking Form

This form is to be completed by the League Commissioner.

1. Team Name
2. Date Reported
3. Date of last activity
4. Contact Tracing Completed
5. Notification Sent
6. Date cleared to return