



## Richard Staudt

Cascade Volleyball Club

### Coaching Experience

Cascade Volleyball Club

- Cascade Crest (U15/16) Co-Head Coach, 2017-2018
- U15-1 Co-Head Coach, 2016-2017
- U14-2 Co-Head Coach, 2015-2016
- U14-1 Assistant Coach, 2014-2015

Franklin High School – JV Head Coach 2018, JVC Head Coach 2017, 2016

West Seattle High School - JVC Assistant Coach, 2015

### Training

USAV IMPACT Certified Coach, 2013

USAV CAP1 Accreditation, November 2014

American Volleyball Coaches Association (AVCA) Spring Conference, Stanford, May 2015

Gold Medal Squared Clinic, June 2015

NFHS Level 1: Accredited Interscholastic Volleyball Coach, 2015

NFHS Level 2: Certified Interscholastic Coach, 2016.

AVCA Annual Convention, Columbus OH, December 2016

The Art of Coaching Volleyball Clinic, Portland OR, June 2018

SafeSport

Positive Coaching Alliance & Changing the Game Project, annual refresher trainings

### Philosophy

I coach because I love sharing in the growth that comes through team sports. I view the volleyball court as a safe laboratory for learning many lessons.

Working together as a team, facing adversity, honoring commitments, learning from mistakes and putting forth our best effort every day are skills important to success in the game of volleyball, but they are critical to success in life off the court.

Our players will be held to high standards of hustle, teamwork and sportsmanship. We expect them to embrace mistakes – their own, their teammates' and their coaches' – as part of the learning process.

As coaches, we will strive to provide clear, specific and actionable suggestions for players' growth in both technical and tactical skills. Our goal is to help them understand the "why" of the game as much as the "how". We will do our best to maintain a relentlessly positive approach and to ensure that we never take ourselves or the game so seriously that our time together ceases to be fun!