

GLENARDEN TRACK CLUB DEVELOPMENTAL INVITATIONAL

SPONSOR: GLENARDEN TRACK CLUB
DATE: MAY 11-12, 2018

PLACE: PRINCE GEORGE'S SPORTS & LEARNING COMPLEX
8001 SHERIFF ROAD
LANDOVER, MD 20785

TIME: Coaches meeting 8:00 a.m. Meet starts promptly at 8:30 a.m.

LABELS: EACH TEAM MUST SUPPLY LABELS FOR THEIR ATHLETES

Event Limit: Maximum of three events per athlete for 12 and under, four for 13 and up (relays and field events included).

Age Limitation: Age will be determined as of December 31st 2018. A violation of this rule will Subject the athlete and/or team to disqualification from the meet.

ENTRY FEE:. Payment must be in the form of cash, certified check, club check or money orders. NO PERSONAL CHECKS. Make checks payable to Glenarden Track Club. Fees are \$6.00 per athlete and \$18.00 per relay. Maximum team fee is \$450.00.

Surface: Tartan surface. ¼" spikes are permitted.

Come prepared to run. No radios or tape recorders permitted on the premises.

AWARDS: Medals for 1st thru 6th places for Individual events and Relays.

INFORMATION: Contact: Henry McCallum Jr. 301-322-7356
Phillip Barrett Sr. 301-336-4697
Elenora Battle 301-599-8407

THIS IS A USATF SANCTIONED MEET.

DIRECTIONS:

From 495: Take Landover Road exit 17B. Get into left lane off the ramp onto Landover Road. Take left onto Bright seat Road. Follow green overhead signs through the traffic light onto Redskins Road. Follow Redskins Road around to Fed Ex Way. Take right onto Hills Oaks Road. FedEx Green Lot B3 & B4 on the right.

LOCATION: PRINCE GEORGE'S SPORTS AND LEARN COMPLEX



Order of Events

FIELDS EVENTS: STARTING TIME 8:30 AM

Shot Put	11/12 9/10 13/14 8&U 15&Up
Long Jump	15&Up 9/10 11/12 13/14 8&U
Turbo Javelin	9/10 11/12 8&U only
High Jump	15 &UP 13/14 11/12 9/10

MAXIMUM OF THREE JUMPS OR THROWS

FRIDAY EVENTS: STARTING TIME 6:00 PM Friday May 11

200 Meter Hurdles	13/14 Only
4 X 800	Ages 11/12 13/14 15&Up
80/100/110 Hurdles	11/12 13/14 15&Up
1500 Racewalk	9/10 11/12 13/14 15& Up

RUNNING EVENTS: STARTING TIME 8:30 AM Saturday May 12

1500	8&U 9/10 11/12 13/14 15& Up
100 TRIALS	8&U 9/10 11/12 13/14 15& Up Top 8 times to Finals
50 Meter	6 & Under
400	8&U 9/10 11/12 13/14 15& Up
100 FINALS	All Ages
800	8&U 9/10 11/12 13/14 15& Up
200	8&U 9/10 11/12 13/14 15& Up
4 X 100	8&U 9/10 11/12 13/14 15& Up
Coaches & Parent (4x100)	
4 X 400	8&U 9/10 11/12 13/14 15& Up

*****DISCLAIMER*****

In consideration of my team/individual entry into the competition known as the Glenarden Track Club Invitational, I, intending to be legally bound, do hereby for my team/individual, executors and administrators, waive release and forever discharge any and all rights for claims and damages, including any claims for loss, damages or injury to my team/individual personnel or property arising out of my team/individual performance or failure of performance from the Glenarden Track Club, Potomac Valley Association, the M_NCPPC Department of Parks and Recreation, and the Prince George's Sports and Learning Complex, their agents, representatives, successors and assigns.

I certify that to the best of my knowledge and belief, all team/individual members are in good physical condition and have no disease or injury that would impair performance in competition. I, the undersigned, declare on my honor that my team/individual is of amateur status, and I also give permission for the use of my team's/individual name and or picture to appear in any official documentary, sponsor advertisement, newspaper, broadcast, telecast, or other account of this event.

TEAM/INDIVIDUAL NAME _____

ADDRESS _____

Email Address _____

COACH'S/INDIVIDUAL NAME _____

PHONE _____

SIGNATURE _____ **DATE** _____