



### Phase 3

You may ONLY enter phase 3 if you have operated at phase 1 and 2 for a minimum of 2 weeks EACH. You may start on or after 7/18.

All rules of Phase 2 apply except as noted below.

#### Training

- Contact is allowed within the training environment; however, this should be limited to actual training and managed to avoid prolonged contact.
- Clubs/teams should still keep intermixing to a minimum.
- Adhere to social distancing requirements when participants are not playing (on the bench, sideline, etc.).
- Adhere to wearing masks when not playing
- Don't share equipment or water
- All equipment must be sanitized after each training session
- Any benches must be sanitized after each training session
- In an effort to communicate in a safe manner - setup a staging area outside of the field where players place their belongings and water. This should also be where the coach communicates with the players while socially distanced.

#### Games / Matches

- Out of state travel is prohibited, regardless of game or tournament
- Everyone must adhere to social distancing recommendations when participants are not playing (on the bench, sideline, etc.).
- Adhere to wearing masks when not playing and on the bench
- Coaches to wear masks
- Consider COVID-19 case activity level and risk in those communities when making travel decisions.
- Teams and referees are not to engage in traditional sportsmanship gestures, such as post-match handshakes. Teams are encouraged to find new ways to show sportsmanship
- If spectators do attend, they should limit the retrieval of soccer balls should they go out of play and let the players retrieve the ball.
- Minimize crowding at games and practices. For example, field space must be large enough to provide for social distancing or all in attendance; spectators must be distanced from the field, provide separate entrances and exits and space out practice and game times.
- Spectators must follow social distancing recommendations including the wearing of masks as well as maintaining at least 6 feet of physical distance from each other. This includes from Assistant Referee's
- Stagger start of games to ensure that there is the possibility for social distancing amongst all spectators if they are present.
- Game balls must be sanitized at halftime of all games, and after games
- Any benches must be sanitized after each game.
- Don't share equipment or water
- In an effort to communicate in a safe manner - setup a staging area outside of the field where players place their belongings and water. This should also be where the coach communicates with the players while socially distanced.

\* Please be prepared to revert back or pause based on environmental changes or a change in soccer's risk category as defined by the local government.

We have received some concern as it relates to keeping your team physically distanced when it is time for a coach to speak to them as a group. Here is a suggestion.

When players arrive at training coaches SHOULD have a "staging" area set aside for every player to put their OWN equipment, water, etc. This can be done by placing a cone per player either off the field of play or in a specific area of the field. Cones should be a minimum of 6ft apart. This is where players should take any breaks (at their cone only) and this is where the coach should speak to the team as a group.

Players with masks on (This is only an example)

