



CENTURY GIRLS
LACROSSE
CAMP

JULY 23-26
MONDAY-THURSDAY
9AM-NOON
 Make-up Day: Friday, July 27
(If needed)

COST: \$175
EARLY BIRD REGISTRATION:
\$150 ON OR BEFORE 6/1/18.
Enrollment is limited.

Players receive instruction from the Century High School lacrosse coaching staff & varsity players.
 Info: Rebecca Groves,
rlgrove@carrollk12.org
 or 443-695-2461.

The Century High School Girl's Lacrosse program will be hosting its annual summer camp for students entering K-9th grade. The focus of this workout is to help players develop their individual and team skills in a structured, competitive environment. During stations we will concentrate on the following skills: stick skills, left hand and right hand, shooting and cutting, defensive skills, and conditioning. Our goal is to teach proper fundamentals to beginning players and give the more experienced players an edge as they begin their fall tournament schedule.

Please mail check and registration form (below) to: Rebecca Groves, 5730 Meyerfield Court, Sykesville, MD 21784
 Checks made payable to Rebecca Groves.



Player Name _____ Years of Experience _____

Player Address _____

Home Phone _____ Grade (2018-2019) _____

Current School _____

E-Mail Address _____