



## Rochester Spring Hockey

### RSHL League Rules 2021 – RWB Divisions

- Score is not recorded
- 4-on-4 or 3-on-3 action

#### Line Changes:

- Line changes will be signaled every 1.5 minutes during play. Penalty clocks may be used to display time remaining in the shift
- During a line change, the referee will retrieve the puck and toss it to a corner/wall distant from the bench.

#### Goal scored/puck frozen:

- When play is stopped for a goal, or frozen puck. The referee will blow the whistle and instruct the attacking team to back away. The defending team will take possession of the puck behind their net. No center-ice faceoff (except start or period).

#### Game Times:

- 3-minute warm up with pucks
- 2 x 22.5 minute periods – running clock
- Horn will sound every 1.5 minutes during play to signal line changes
- 1-minute break between periods

#### Penalties:

- Any penalized player will be removed from the ice for the remainder of his shift without substitution. Player will return at his next scheduled shift (not next shift).
- Referee will inform the coach of the penalty. We ask the coach to briefly discuss the offending action with the player in a positive manner.