



Rochester Spring Hockey

RSHL League Rules 2018 – 3-on-3 Divisions

- No Checking
- Tag-up off-sides
- No timeouts
- Puck is in-play off the netting around the rink (unless a bounce results in an immediate goal without the defense having an opportunity to defend.) Referee will use judgement.

Penalties:

- All penalties result in a penalty shot
 - All players MUST return to the bench area during the penalty shot.
 - FACE-OFF after all penalty shots. The puck is not live.
 - All normal NHL penalty shot rules apply.
 - Coincidental penalties DO require penalty shots.
- Major penalties result in a penalty shot and 10 minutes (plus whistle) in the penalty box with 3-on-3 play continuing. Penalties not expired at the end of a game will carry over to the next game.
- Players receiving two unsportsmanlike penalties in a single game will receive an automatic game misconduct and a 1-game suspension. Abuse of official's penalty is an automatic game misconduct and 1 game suspension. A second Abuse of Officials during the season is a Full suspension without a refund.
- Players receiving 3 penalties in a single game will result in a game misconduct for the remainder of that game only.
- Fighting is an automatic Game Misconduct and a 2 game suspension. A second offence during the season will result in suspension of the remainder of the season with no refund.
- Teams MUST REMAIN OFF OF THE ICE AND THE BENCH AREA UNTIL ZAMBONI DOORS ARE SHUT – failure to follow this rule will result in a penalty shot awarded to opposing team at the start of the game.

Game Times:

- Games must start on time
- All games are two 17 minute running time periods. Ice cut every two games
- The clock will start at 20:30 minutes when the Zamboni doors close (or at the designated start time if there is no ice cut) whether you are ready or not. The horn will sound once the clock reaches 18:15 minutes. Players will have 1 minute and 15 seconds to pick up the pucks and be ready to face off when the clock hits 17min. The clock will not stop so players need to be ready.
- When the first period ends, the scorekeeper immediately puts 18:00 on the clock and will start it. This gives the teams 1 minute between periods. Again the clock will NOT stop and players and refs need to be ready to drop the puck at 17:00. The clock will not stop again until the end of that period. See exception below.
- If the game is within 2 goals there will be stop time for the final 1 minute of play in the regular season.

Sportsmanship:

- Be respectful to the officials and your opponents. Disrespect and taunting will not be tolerated and will be dealt with strictly. Celebrate goals in a classy manner; do not celebrate in front of the other team's bench in a taunting or inciting way.

Pace of Play:

- When the goalie freezes the puck, we try to avoid a whistle (wasted time). The attacking team should back away and allow the goalies team to gain possession.
- Any delay of game will result in a penalty shot, This includes a team refusing to attack offensively, flipping the puck out of play, etc.