



LACROSSE ACADEMY

Personalized, one-on-one instruction is the secret to improved skills & increased confidence.

New to the game? It is never too late to begin!

Individual Lessons \$50(per hour). Small Groups (5 Players) \$100(per hour)

MINI CAMPS (2 days) \$100 per camper. *Ages 5 to 12 *9am-11am

June 23 and June 24 BEGINNERS ONLY

July 11 and July 12 MIXED LEVEL

July 21 and July 22 MIXED LEVEL

5 to 1 coach to player ratio for our mini camps.

Up to 15 players each session.

MEET the COACHES:

Connor Vanderbeek–Midfielder offense & defense.

Coach Connor currently plays lacrosse for Monmouth University, D1 program. High School All Area. All State for FB and Lacrosse.

Chandler Vanderbeek– Midfielder both offense and defense, FOGO experience, he currently plays lacrosse for Monmouth University, D1 program. High School All American Lacrosse. All Area and All State FB & Lacrosse.

Griffin Vanderbeek–SKILLS: Attack, shooting.

Coach Griffin currently plays lacrosse for Monmouth University, D1 program. High School All Area. All State FB & Lacrosse.

Call 732-921-7652