



SUMMER CAMPS 2018

Half day

7:45AM - 12:30PM

\$235

Full day

7:45AM - 4:00PM

\$335

All players will receive a USA Hockey ADM approved workout by a HealthPlex trainer each day of the camp.

MITE MANIA

6U & 8U
JUNE 25TH - JUNE 28TH
HALF DAY

Powerskating and skill development will be the main focus of this camp. A great camp for young players to further develop their skills and have fun.

STICK-HANDLING CAMP

8U, 10U, & 12U
JULY 9TH - JULY 12TH
FULL DAY

This is a progressive program to teach players to play with their heads up. It will help advance their puck control and the speed at which they handle the puck.

SHOOTING CAMP

8U, 10U, & 12U
JULY 16TH - JULY 19TH
FULL DAY

This camp will teach players how to properly shoot the puck. Players will be working on the wrist shot, the snap shot, shooting to score, and driving their feet to the net.

BANTAM TRANSITION

JULY 23RD - JULY 26TH
FULL DAY

Players will receive instruction on how to properly check and receive body contact in a controlled environment. Players will gain the skills necessary to transition to the bantam level.

BATTLE GAMES

10U, 12U, & 14U
AUGUST 6TH - AUGUST 9TH
HALF DAY

Small area skills and games in a competitive environment will be the focus throughout the week.

APPLICATION

NAME:_____ D.O.B._____
ADDRESS:_____ CITY:_____
STATE:_____ ZIP:_____ HOME PHONE:_____
WORK PHONE:_____ EMERGENCY PHONE:_____
EMAIL ADDRESS:(PLEASE PRINT NEATLY):

CAMP: (CIRCLE) MITE - STICK-HANDLING - SHOOTING - BANTAM - BATTLE
DIVISION: (CIRCLE): 6U 8U 10U 12U 14U 16U
HEIGHT:_____ WEIGHT:_____ SHOOTS: R OR L
POSITION: (CIRCLE ONE) RW / LW / C / D
LEVEL (CIRCLE): AAA TRAVEL TRAVEL A TRAVEL B TRAVEL C HOUSE LEAGUE
JERSEY SIZE: (CIRCLE) (YOUTH) M XL (ADULT) S M L XL

MAKE CHECKS PAYABLE TO EXCEL HOCKEY

ENCLOSE A \$50 DEPOSIT CHECK (OR FULL PAYMENT) TO RESERVE YOUR SPOT
DEPOSIT CHECK #:_____
AMOUNT: \$_____
BALANCE DUE: \$_____

BY PARTICIPATING IN THE EXCEL HOCKEY INC. SKATING AND HOCKEY PROGRAMS AND ALL RELATED ACTIVITIES, I FULLY UNDERSTAND THAT THESE ACTIVITIES INVOLVE RISKS OF SERIOUS BODILY INJURY AND I FULLY ACCEPT AND ASSUME THESE RISKS. I HERBY WAIVE AND AGREE TO HOLD HARMLESS EXCEL HOCKEY INC.; IT'S OWNERS, COACHES, INSTRUCTORS, EMPLOYEES, VOLUNTEERS AND OTHER PARTICIPANTS FROM ANY AND ALL CLAIMS. I HAVE READ AND FULLY UNDERSTAND THIS RELEASE AND WAIVER OF LIABILITY. I ALSO CONSENT TO ADMINISTER FIRST AID AND EMERGENCY TRANSPORT TO THE NEAREST MEDICAL FACILITY.

PARENT/GAURDIAN:_____ DATE:_____

CAMP INFORMATION

A typical camp day will involve powerskating, on-ice instructional drills based on the camp, and games. There will be a USA Hockey ADM approved workout each day of the camp. Camps also involve outside stick-handling & shooting work along with other outdoor games. Each camp will be four days of developing & teaching players to help them take their game to the next level. Please note that all Summer camps run Monday-Thursday of the given week.

**ENCLOSE \$50 DEPOSIT CHECK
OR SEND FULL PAYMENT TO
THE HOCKEY HUT
P.O. BOX 4767
CLIFTON PARK, NY 12065
TO RESERVE YOUR SPOT**

**\$235 FOR HALF DAY CAMP
\$335 FOR FULL DAY CAMP**

