

# ADVANCED SKILLS

HIGH LEVEL TRAINING PROGRAM

WEDNESDAYS 5:30-6:30 PM

MARCH 7TH - APRIL 11TH  
6 WEEKS

\$180

## HIGH LEVEL ON - ICE DEVELOPMENT

- Power, speed, & agility
- Puck protection
- Quick release shooting and shooting to score
- Game situation battles



INSTRUCTOR

PIERRE-LUC  
LÉTOURNEAU-LEBLOND