



# IMPACT PROGRAM

ON-ICE AND OFF-ICE TRAINING PROGRAM

#1: 10U-11U, #2: 12U-13U, #3: 8U & 10U

GROUPS LIMITED TO 12 SKATERS

## JULY 10TH - AUGUST 30TH

**Group 1: 8:00 - 10:30am**

Workout: 8:00am

On-ice: 9:00am

Tuesday, Wednesday, & Thursday

**Group 2: 9:00-11:30am**

Workout: 9:00am

On-ice: 10:00am

Tuesday, Wednesday, & Thursday

**Group 3 (8U & 10U ONLY): 5:30-7:30pm**

Workout: 5:30pm

On-ice: 6:30pm

Monday & Thursday

To register: Register On-Line  
or Mail check to:

Hockey Hut

P.O. Box 4767

Clifton park, NY 12065

Checks made to Excel Hockey Inc.

## PRICES

8 Weeks: \$750

6 Weeks: \$650

4 Weeks: \$575

8 Week packages can be  
made in two installments.





# IMPACT PROGRAM

## JULY 10TH - AUGUST 31ST

### APPLICATION

**To register: Mail check to  
The Hockey Hut  
P.O. Box 4767  
Clifton park, NY 12065**

#### Checks made to Excel Hockey Inc.

8 Weeks: \$750  
6 Weeks: \$650  
4 Weeks: \$575

Deposit: \$ \_\_\_\_\_

Balance Due: \$ \_\_\_\_\_

**8 Week packages can be  
made in two installments of  
\$375.**

**First due: July 1st  
Second due: August 1st**

Excel Hockey Inc. Waiver:

By participating in the Excel HI and Healthplex skating and hockey programs and all related activities, I fully understand that these activities involve risks of serious bodily injury and I fully accept and assume these risks. I hereby waive and agree to hold harmless Excel Inc. and Healthplex it's owners, coaches, instructors, employees, volunteers and other participants from any and all claims. I have read and fully understand this release and waiver of liability. I also consent to administer first aid and emergency transport to the nearest medical facility.

Participant: \_\_\_\_\_ Parent/Gaurdian: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_

Group #: (Circle) 1 2 3

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_ Zip: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

EMAIL Address:(Please Print Neatly): \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Shoots: R or L

Position: (circle one) RW / LW / C / D / G

Jersey Size: Youth: M XL Adult: S M L XL