

TRANSFORM YOUR GAME

Defense Camp

Columbus, OH



HAMMER HOCKEY

June 18-21, 2018

8:30am - 4:30pm

- All Day Camp
- 3 Hrs on ice per day + off ice
- Video review and evaluation
- Athlete Development
- Camp Jersey
- Lunch Provided
- Skating, Passing, Puck Skills, Rush management, Special Teams and more

\$495

More info, dates, times and to register at www.hammerhockeydevelopment.com

Group 1 Ages 7-11

Anticipated Daily Schedule**

8:20am - Check In
9:00am - Ice Session 1
10:45am - Athlete Development
11:30am - Lunch
12:15pm - Video & Chalk Talk
1:20pm - Ice Session 2
3:10pm - Off Ice Development
4:00pm - Players Depart

**Schedule Subject to adjustment

Group 2 Ages 12-16

Anticipated Daily Schedule**

9:00am - Check In
9:30am - Athlete Development
10:30am - Ice Session 1
12:00pm - Lunch
12:45pm - Video & Chalk Talk
1:30pm - Off Ice Development
2:50pm - Ice Session 2
4:30pm - Players Depart

**Schedule Subject to adjustment

Players are grouped based on age and ability



hammer.hockey.development



@hammerhckydevel

FOR MORE INFORMATION VISIT HAMMERHOCKEYDEVELOPMENT.COM