



Canandaigua Knights Youth Hockey 2018–19 Pee Wee Major AA

Head Coach: Bryan Spinosa

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Asst. Coaches: (TBD)

Manager(s): TBD

General

Players on the Canandaigua Knights PW Major AA team will have a full travel experience. The team will participate in the WNYAHL PW Major bracket. They will also have a challenging independent scrimmage schedule against several teams outside of WNY. Additionally, the team will play in 4-5 tournaments in and out of the area.

Team Size: 9 Forwards, 5 Defensemen, 2 Goalies

League Bound: WNYAHL Travel - Pee Wee Major AA – Division (TB vs non-TB) is dependent on talent pool

Tryouts: 3/28/18 @ 7:00 PM & 3/29/18 @ 8:00 PM at Greater Canandaigua Civic Center (GCCC)

Season Forecast:

- August 15, 2018 – March 15, 2019
- Team Camp (August)
- Practice Schedule:
 - Pre-season practice ice starting in late August
 - Regular season practice 2x/week - fixed days/times @ GCCC
 - Additional player developmental sessions
 - Monthly Team Clinics – on full ice
 - Weekly skills sessions hosted by CKH
- Games ~50
 - 20 WNY League Games
 - 15 Scrimmages
 - 4-5 Tournaments

Season Goals

The PW Major development plan will focus on hockey and life skills with an emphasis on teamwork, comradery, discipline, and selflessness. The team will participate in a 'give-back' to the community event.

Hockey Skills - USA Hockey ADM – 12U model – *Specific emphasis on individual skill development and early phases of team concepts and systems.*

Team practices will focus on:

- *Skating*
 - *Speed*
 - *Edge-work*
 - *Agility*
- *Puck Management*
 - *Passing*
 - *Shooting*
 - *'Heads Up' skating*
- *Game Sense*
 - *Hockey IQ*
 - *See the Ice*
 - *Know the situation*

Practice format will embrace the USA Hockey ADM Model:

- *Multi-Station platform*
- *High Tempo/High Intensity atmosphere*
- *Battling & Compete centric drills*
- *Small Area Games and Scrimmages to encourage creativity and maximize puck touches*

Budget (estimation only)

- *~\$1,700 (includes team fee, additional development clinics, extra ice, tournament fees, scrimmages, practice jerseys, misc.)*
- *Not in budget estimate – Game Jerseys / August Camp / Hotel Expenses*
- *Fundraising and sponsors can offset player costs*
- *This is an estimate only and may vary depending on actual costs and final team roster size.*