

**FREE** for girls under age 8!



# Learn to Play and Love Hockey!

## 2017-2018 Sharks Hockey Development Program

The Shoreline Sharks Youth Hockey Association is excited to announce open registration for our 2017-2018 Hockey Development Program. Our 20-week session is open to girls ages 3 – 18 who are looking to learn the fundamentals of skating and hockey.

Our coaches will focus on individual growth while giving participants the opportunity to function in a team-like setting. Using the USA Hockey American Developmental Model (ADM), the training progression is designed to challenge participants of all ages and abilities using a series of drills, games and scrimmaging that will be engaging and fun!

## Clinic Overview

Where	East Haven Rink (Patsy DiLungo Arena)
When	Sundays, 1 hour Sept. 10 – end of February (excluding holidays)
Clinic Options	<p><b>SandSharks (Learn to Love Hockey)</b> Girls Ages 3 – 10</p> <p>Overview: Work on basics of skating, building fundamental movement skills. Drills utilize core hockey equipment (sticks, pucks, and nets) and are designed to encourage skill development and participation in fun on-ice activities.</p> <p><b>Junior Sharks (Learn to Play Hockey)</b> Girls ages 11 – 18</p> <p>Overview: Older beginners focus on skating basics but spend significant time on hockey fundamentals including puck handling, shooting, and passing. The Junior Sharks are being prepared for team play. Drills are designed to engage and encourage participation.</p>
Tuition	\$400/20 week session, includes a jersey <b>SandSharks Discount:</b> FREE for girls under age 8 and 50% off for new Sharks
Equipment	<b>SandSharks:</b> helmet, gloves, elbow/shin pads, skates and hockey stick <b>Junior Sharks:</b> full hockey equipment Starter packages are available at Hamden Sport Center (Hamden and Northford) and Whitie Bensen (West Haven)
USA Hockey Registration	All players must register with USA Hockey (usahockey.com) for insurance purposes. The registration fee is free for girls 6 and under (born in 2011 or later) and \$40 for girls 7 and older (born in 2010 or earlier).

## Want to Know More?

Visit [shorelinesharkshockey.com](http://shorelinesharkshockey.com) or email [info@shorelinesharkshockey.com](mailto:info@shorelinesharkshockey.com). Space is limited, so register quickly!



Shoreline Sharks is a non-profit youth hockey organization offering developmental and competitive programs for girls ages 3 – 18 that foster teamwork, skill building and passion for the game in a fun, challenging environment



# Lace up the Skates with the Shoreline Sharks!

As the fastest growing youth hockey program in Southern CT, we are passionate about sharing our love of ice hockey to girls of all ages and abilities. Our programming is focused on helping girls learn and grow through our diverse programming that ranges from developmental clinics to competitive travel teams.... and everything in between!

## **20-Week Hockey Development Program** (Sept. 10 – end of Feb.)

- Sundays, 1 hour (time TBD)
- \$400 for 20 weeks
- Two age-specific clinic options
- SandSharks Discount: FREE for girls under age 8 and 50% off for new Sharks
- Register at [ShorelineSharksHockey.com](http://ShorelineSharksHockey.com)

## **Try Hockey for Free Events** (Oct., Nov. and March)

- One hour coached on-ice session
- Free
- Check our website for day, time and location
- Register at [USAHockey.com](http://USAHockey.com)

By signing up for one of our clinics, we promise that participants will enjoy the experience, learn something new in challenging in an engaging manner, and most importantly, boost confidence by achieving things one never thought possible. Our mission is to give players and their families a positive experience that they will remember for a lifetime.

## **Give hockey a try. Why not?**

Want to know more? Visit [shorelinesharkshockey.com](http://shorelinesharkshockey.com) or email us at [info@shorelinesharkshockey.com](mailto:info@shorelinesharkshockey.com)



## **Why Hockey?**

Youth hockey is exciting, fast paced and truly like no other sport. Here are a few reasons why we love it so much:

### **More than a Game**

Hockey develops skills on the ice that build a foundation for a lifetime. In addition to athletic prowess, hockey promotes confidence, pride, focus, and responsibility. With an emphasis on fun, hockey is a game to be played and enjoyed for life.

### **Life-long Friendships**

Starting with the bonds created in the locker room to the relationships formed on the ice, hockey creates life-long friendships. This camaraderie shared on and off the ice encourages teamwork and the natural development of leadership skills.

### **Set Up for Success**

From learning to balance school, responsibilities at home, time at the rink and playing with friends, hockey encourages kids to learn time management skills that will later serve them in all facets of life. Hockey's unique source of physical fitness promotes healthy living.

### **Hockey is Fun**

The thrill of carrying the puck up the ice on a breakaway, the exhilaration of scoring your first goal or making that amazing save is possible due to the encouraging environment hockey provides to try new things and grow as a hockey player and person.

Source: USA Hockey

