



## **U10 TRAVEL PROGRAM INFORMATION**

### **Club Information**

The Team Elmhurst Soccer Club has made some positive changes to its programming over the past year. These changes include hiring a Technical Director, improvements to its professional coaching staff, incorporated a new club curriculum, and renovated our own indoor facility with a new field and club offices. These changes have all been made to improve the program for our families and players, which will help us achieve the goals set for each age group.

### **Age Group Philosophy**

The focus of our program at this age is player development. This philosophy includes improving our players individual soccer technique (ball handling skills), their decisions in possession of the ball and off the ball (tactics), their love of the game (training & game mentality) and their overall physical capabilities (fitness, balance, & coordination). As well as improving the individual player the program will also focus on developing a basic understanding of team concepts, which includes small group defending and attacking tactics, and transition between the two.

### **Program Outline**

- Pre-season team training
- Two team outdoor training sessions per week (spring & fall)
- Individual player evaluation & meeting (held during the winter season)
- Indoor training at the TESC indoor facility (December thru March)
- Internal indoor league play - held at the TESC indoor facility
- Boys teams play in the YSSL & girls teams play in the IWSL
- Select teams receive 2 fall tournaments and 1 spring tournament; Premier teams receive 1 fall tournament and 1 spring tournament

### **Program Fee**

- Approximate cost is -- Select team \$1680 per player; Premier team \$1585 per player

### **Fee Includes:**

- All programming outlined above
- Park district fees (nets, field maintenance, lights, etc.)
- Club operational costs (field equipment, financial audit, mailings, Director of Coaching, Technical Director, advertising, credit card fees, etc.)
- Professional coaching fees
- Referees

### **Additional Costs Include:**

- ALL TESC PLAYERS REQUIRED TO PURCHASE THE UNIFORM PACKAGE THIS 2018-2019 SEASON
- Adidas uniform package = approximately \$220 (two game jerseys, one game shorts, two pairs of game socks, one practice jersey, & one warm-up top)

All players can attend extra training sessions and GK sessions at no additional cost.

For more information and FAQ please check out the travel page of the website: [www.elmhurstsoccer.com](http://www.elmhurstsoccer.com)

Should you require any further information please contact:

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